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Winter 2018

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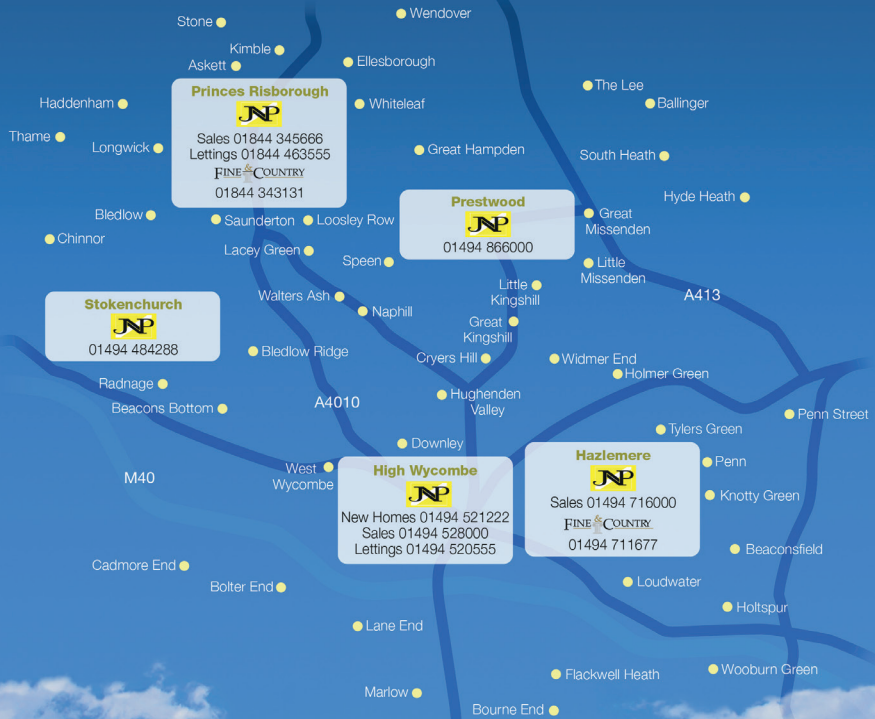
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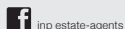
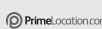
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Cover Photo

Young Man enjoying the New Playground

Photo by Piers Photography

Copy Deadline for Spring Edition

Friday 22nd February 2019

Material to magazine@hughendenresidents.org

Regular Village Hall Users & Contacts: Winter 2018

Monday

Pre-School	9:00am - 1:00pm	L Jenny Ing	463521
Pre-School	9:00am - 3:00pm	S Jenny Ing	463521
Beavers	5:00pm - 7:00pm	L Lynda Wallwork	564582
Pilates	1:15pm – 4:15pm	L E Harwood 07803	123092
Art	7-10pm (most Mondays)	S Jill Graves	563813
Valley Players	7:30pm - 10:00pm	L Sheelagh 07468	462023
Village Hall	1 st Monday, 8pm - 10pm	C Michael Sole	563516

Tuesday

Pre-School	9:00am - 1:00pm	B Jenny Ing	463521
Badminton Tuesday	1:30pm - 3:30pm	L Nancy Hussy	563767
Sains' Veterans	3 rd Tuesday, 2pm - 5pm	S Sandra Jones	715219
Seido Karate	6:00pm - 8:00pm	L Roger Thyer-Jones	565341
Residents Assn.	1 st Tuesday 8pm - 10pm	S Angus Idle	563673
Pilates	7:00pm – 9:00pm (Not 1 st Tuesday of Month)	S E Harwood 07803	123092

Wednesday

Pre-School	9:00am - 1:00pm	L Jenny Ing	463521
Pilates	9:30am - 11:30am	S Rosie Lewin	812796
Pre-School	12noon - 3:00pm	S Jenny Ing	463521
Badminton	1:30pm - 3:30pm	L John Veysey	562332
Flower Arranging	3 rd Weds 6:30 - 10:30pm	L Jan Collins	563890
Pilates	6:45pm - 9:00pm	S Karen Letham 07973	384817

Thursday

Pre-School	9:00am - 1:00pm	L Jenny Ing	463521
Painting	9:30am - 11:30am	S Jennifer Chalmers	531119
Painting Class	12noon - 2:00pm	S Bucks Adult Learn	473795
Good Companions	1 st Thursday, 2pm - 5pm	L Pat Furness	563071
Tai-chi	2:15pm - 4:15pm	L+S Pam Felix	440198
Rachel Fitness	5:15pm - 7:15pm	L Rachel	452286
Pilates	7:00pm - 9:00pm	S Sarah 07507	415792
Pregnant Yoga	7:30pm - 9:30pm	L Sue Friar	564530

Friday

Pre-School	9:00am - 1:00pm	L Jenny Ing	463521
Pre-School	9:00am - 3:00pm	S Jenny Ing	463521
Activ-in Keep Fit	1:30pm - 2:30pm	L Alice 07500	772146
Valley Friends	1 st Friday, 7:30-10:30pm	L Heather Mayer	436044
HAGA Gardening	4 th Friday, 7:30-10:30pm	L Debi Hoare	816304

Saturday

Jazzercise	8:30am - 10:30am	L Marthese 01753	889746
Multiple Sclerosis	1 st Saturday, 12noon-5pm	L Judy Biggs	562204

Village Hall Booking Phone Number:- Christine Powell 07815 163269

Report from the Co-Chairs

Dear Residents

We hope you have enjoyed our long hot summer. It seemed to go on for holiday periods that people could take from early July to the end of September. When the schools return in early September, those who can, go away again.

This year has been a busy one, with much to check on, usually with annual significance. As usual, we work with all the Councils, depending on what their remits are when we have queries for them or information to pass on.

We still work in conjunction with the Street Association, with several of our Road Reps doubling up as Street Reps. There are one or two who still have to make their decision.

We welcomed Grant Townshend as the new Road Rep for Trees Road to take over from Geoff Wright who had to retire last year. We also welcomed Janet Howe, a new lady for Bryants Bottom and Nancy Pomfret who many of you will already know, for the north end of Valley Road. All three have settled in well and reflect on behalf of their roads' residents. We have two volunteers for Friars Gardens who distribute the Hughenden News in their road but cannot come to the committee meetings. As we would like to get a better representation from that large area we would be delighted if two or three further residents would agree to become HVRA committee members as well.

Between us we have attended meetings at the Parish Council for several queries, Wycombe District Council (because of Uplands), and stood in for one meeting of the Street Association (because we work together). In addition Angus is the HVRA representative on the Village Hall Committee (and Michael Sole comes to the HVRA meetings from the Village Hall Committee) and Angus goes to HVDIG and there is a History Project for the Parish Council coming up, which we are asked to help with.

The full day of events on Saturday September 29th eventually evolved into four separate events on the same day, as planned, (see page xxx). In actual fact, although committee members were constrained by family events and travel etc. we still managed to complete all four, thanks to Rosemary, Lin, Christine and David. Macmillan Support was sent £100 which has been acknowledged and is described elsewhere in this issue along with the other events of the day.

It has been suggested that a) we change the night of our monthly meetings to another night on a regular basis, or b) get each Road Rep to appoint a deputy or assistant to come to the Tuesday meetings when they are not able to do so. Or there is option c) we evolve our strategy to make more contact with other Residents Associations, even though we have quite a lot of contacts already with them. Our website organiser will be back soon

With the Primary School and Mrs Ann Smart of the Street Association we have been able to hear from children of years 5, 6 & 7 (that is 10-12 year olds; the 12 year olds had just left Primary school) about their ideas, comments and observations on our Villages. Ann went into school and they all responded, down through all the age groups as well as the 10, 11 (& 12) year olds, such was their determination to “Have their say” too. By the way, they all want a fish and chips supper, like us.

We hope to organise the Tombolas at the Village Christmas Fair on Saturday November 24th, so please have items ready for the Road Reps when they call.

Thanks to Rosemary Hewitt, James Perkins and David Mynors for their work trying to reduce traffic speed. Our thanks also go to all the officers of the Committee- Vice-Chair Jerry Morley, Secretary Rosemary Hewitt, Treasurer Peter Cannon and Editor John Dockett and Webmaster Andrew Capey, (not forgetting Julie Harding our editor’s proof reader and Turville Printers for their continued efficiency).
Do have a lovely Christmas.

Angus and Janet Idle Co-Chairs HVRA ~ 01494 563673

2018/19 HVRA Calendar

2018 Sat 24th November **Christmas Fair**, in the large hall – a new Tombola organizer needed.

2019 Sat 16th March **Potter Cup Quiz 7:30pm**. Large hall. Al and Christine Bowyer in charge. Hall will open at 11 am for HVRA helpers.

2019 Fri 24th May **HVRA AGM 7:30pm** (only that day, Friday 24th May available). Small Hall, light refreshments at end. Audio/visual needed. Speaker TBA.

2019 Sat 22nd June **Senior Citizens' Treat**. Large hall available from 11am. No village Day in 2019. (Closest day available to Midsummer). Doors open 5:15pm.

Please note that the earlier times, before the doors open, are for the HVRA helpers with the preparations for events.



Wreath at Bryants Bottom on Armistice Day

Lest we forget, 100 year Remembrance

There will be silhouettes of First World War characters placed around the area, kindly donated by the Parish Council; an Airman at Naphill, a Soldier at Great Kingshill Village Hall, floodlit, and a Nurse or two Army volunteers at Hughenden Valley, somewhere near the Surgery by Cryers Hill roundabout.

At Naphill the Annual Remembrance Day Service will take place on Sunday, November 11th in Naphill Village Hall at 2:45pm. All welcome. Richard Pushman has organised these Services since 1970. They are now being planned by Reg Home. Richard would like to thank the many who have helped over the years – Scouts, Guides, the School, the Royal Air Force, local clergy, Police and many more. Hughenden folk from the whole parish have often attended at Naphill, as our Scouts and Guides meet there.

A plaque which had been removed has been replaced on the Bryants Bottom Old Chapel House Wall and there will be a commemorative service on Sunday November 11th at 10:45am, with people meeting there at 10:30am; anyone who is interested will be welcome to join in. There will also be an act of Remembrance at St. Michael and all Angels Church, Hughenden at 10:55am on the same day.

Local families will have their own knowledge of both World Wars, but because many WWI soldiers, if they were fortunate enough to survive, never spoke very much to their relatives. There are however records available for their families on some Government sites and other sources.

Although 1918 is being celebrated, after 100 years, there are many similarities between 1914 when World I began, and now. Countries were then faced with guns and bombs; now it is cyber, electronics and nuclear. Defence still needs to be funded somehow. Just before 1914 there was a major debate between pacifism and conscription. Whether it was journalism, politics or people from all walks of life, we still have to remember and understand, particularly those who were prepared to lay down their lives for all.

NB. This piece may be overtaken by the publishing date of the Hughenden News, but please read it anyway as, apart from the deaths, the many who were injured badly and their families had a very long, rough time to look forward to.

I have just reread a book about one of my relatives and the many aspects of Government before and during World War 1 were vividly recalled as he lived next door to Lloyd George at the time ; hence this piece.

Janet Idle ~ 01494 563673

Armistice Day in Bryants Bottom



A small crowd gathered at Bryants Bottom Old Chapel in remembrance of the six villagers from this small village who gave their lives in the First World War. The Roll of Honour Plaque which had been removed has now been found and re affixed to the Old Chapel wall. The short remembrance Service was led by Major Glenn Ridgley, a descendant of one of those who lost their lives, and he read out their names and military details as his young son pointed them out on the plaque. The families of the six from Bryants Bottom families are Ridgley, Saunders (2), Chilton, Hatt and Taylor. Wreathes and a single poppy were laid out during the 2 minutes silence. The villagers retired to the Gate to reminisce with old and new friends. Other families will be contacted as soon as possible.

Angus Idle ~ 01494 563673



Plaque in wall of Chapel House in Bryants Bottom

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Mrs T

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Mrs K

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Drainage System in Bryant's Bottom



After the heavy rainfall we saw throughout the start of this year, particularly in May, Transport for Buckinghamshire (TfB) received reports of several flooding issues from properties in Bryant's Bottom. Head of Highways, Mark Averill, met with the residents to hear their concerns and plan how they could solve the problem.

Mark Averill joined TfB's Network Improvement Team for a site visit in June to come up with a design for driveway thresholds and to inspect the area to see how the existing drainage system could be upgraded to prevent flooding.

Following the site visit and investigation, and aided by the help of the Local Area Technician, James Tunnard, TfB was able to rectify the flooding issues at Bryant's Bottom and upgrade the drainage system. The drainage system at the junctions of Hampden Road and Monument Hill were cleaned, whilst ditches along Bryant's Bottom, Hampden Road and Monument Hill were cleared out and the borehole at Beechgrove was re-bored. The threshold of the driveways of the properties that were directly affected by this issue were raised and had curbing installed to divert water back onto the road.

Since completing the works, residents have been much happier. One said: "Many thanks for all your help in getting this work done; it is much appreciated by the affected residents and the whole village".

Florence Matthews

*Communications Officer, Transport for Buckinghamshire
Phone Number: 01296 382929, Mobile: 07841 080722*

Death In Hughenden Valley? – NO THANKS

Community Speedwatch and Speed Indication Devices

The Neighbourhood Action Group (NAG) in conjunction with Thames Valley Police seeks to address the main safety and security concerns of the local community. The no1 issue identified by local residents continues to be speeding and road safety. In particular within the 30 mph zones in Valley Road and at times when school children are walking to school. According to ROSPA, the risk of a pedestrian who is hit by a car being killed increases slowly until impact speeds of around 30 mph. Above this speed, the risk increases rapidly, so that a pedestrian who is hit by a car travelling at between 30 mph and 40 mph is between 3.5 and 5.5 times more likely to be killed than if hit by a car travelling at below 30 mph. In addition, elderly pedestrians of whom there are many in Hughenden Valley, have a much greater risk of suffering fatal injuries than other age groups. And one more chilling statistic, if you were side impacted pulling out of a side road into Valley Road or Coombe Lane by a car travelling at 40 mph you have an 85% chance of being killed.

In order to address this issue, Thames Valley Police along with Bucks County Council operates a Community Speedwatch scheme. Community Speedwatch (CSW) is a national initiative where active members of local communities join with the support of the Police to monitor speeds of vehicles using speed detection devices. Vehicles exceeding the speed limit are referred to the Police with the aim of educating drivers to reduce their speeds. In cases where education is blatantly ignored and evidence of repeat or excessive offences is collated (even across county borders), enforcement and prosecution follow.

Volunteers Needed

Surprisingly, even though speeding is considered to be the no1 safety and antisocial concern, it proves to be exceedingly difficult to get residents of Hughenden Valley involved in the programme. We need more volunteers to not only take part in speedwatch sessions but also to change the batteries and download the reports from the speed indication devices you will see around the area. Data from these devices is used by Thames Valley Police to identify when and where it is best to locate their speed detection vans.

If you think that speeding traffic has a dangerous and anti-social impact in Hughenden and you would like to take an active role in speed monitoring and educating offending drivers then this is the volunteering opportunity for you. Necessary training and safety equipment will be provided to fulfil this role.

Speedwatch activity is not about interfering with neighbours' behaviour; it is a proactive solution to improve the safety and quality of life for everyone in our community.

If you would like to help please contact:
Rosemary Hewitt on 01494 562752

Cons & Scams

This is still a major cause of concern as so many people are still falling for ones that have been around for a while. The additional problem is the difficulty of warning people in time with examples of new scams, as they are invented daily and seem to get more and more convincing. The answer is to ignore any communication you don't recognise, especially if it is offering you something unexpected, and never click on a link on your laptop unless you are very sure it is genuine. Hovering your cursor over the senders address is one way of checking, as it might begin looking plausible but end up with the wrong country identifier e.g. HMRC.Ru (Russia!)

Wycombe District Neighbourhood Watch Association has recently been presented with awards by Trading Standards for its work countering Cons & Scams. You will get some more ideas how to protect yourself by attending one of their seminars or viewing "articles" on their website at neighbourhoodwatchwycombe.org or actionfraud.police.uk.

Hughenden Parish Street Association

We are still looking for more street representatives to keep an eye on vulnerable neighbours in their street. It is not an onerous task as it is providing the eyes and ears for the services provided by others. You will receive a list of contacts to call, such as Social Services or NHS, if you identify one of your neighbours who would benefit from their help. Likely signs would be curtains not drawn, deliveries not collected or just not seeing them out and about. To volunteer please contact Stan Jones on 01494 716278 or Helen Cavill at hughendenstreetassociation@gmail.com

Leaf Fall at the Village Hall



I am writing this as the autumnal season creeps through the leaves of the surrounding woodlands. The vivid multi-coloured leaves on the trees in Cryers Hill look particularly spectacular this Autumn. (Did you know that Chiltern Railways have introduced their “Leaf Fall Timetable” which finishes on 20 December. I wonder whether their next timetable will be entitled Winter or Snow-Flake?)

So, what’s been happening at the Village Hall, I hear you ask? The distant memory of a wonderful Village Day and Barn Dance is fast evaporating but before it disappears completely, congratulations go to the team of volunteers that organised the entire event. As you can imagine, this entailed a considerable amount of hard work which started over 12 months prior to the big day. Well done to all those involved before, during and after the event. (*see Situations Vacant*)

As far as the hall maintenance is concerned, the wood flooring in both halls has been completely renovated. The work, which took 4 days, included sanding, scrubbing and re-sealing the floors before applying 3 coats of lacquer to give a superb finish, almost like new. The bar-room/kitchenette in the large hall has seen some investment with new cupboards and a small refrigerator being installed. Acoustic Panels have been fitted in both halls to minimise the echo-effect and improve the overall sound quality. In addition, all hall users now have access to free Wi-Fi throughout the building.

A lot of work has gone on behind the scenes by the committee to ensure compliance to the latest regulations and laws, from updating essential signage to creating a data protection policy. Also, following a review of the market, a new energy supplier has been appointed, resulting in a 3-year price agreement commencing mid-2018 (*see Situations Vacant*). With Christmas just around the corner, Hughenden Parish Council and Hughenden Valley Village Hall have jointly funded a new set of lights for the tree next to the hall. The installation will be celebrated at the traditional Christmas carol singing and lights switching-on event on Sunday 2nd December at 5pm when a large turnout is anticipated to enjoy the mince pies and mulled wine.



And whilst on the subject, the Christmas Bazaar & Craft Fayre will be held on Saturday 24th November from 2pm with the usual mix of stalls offering gift ideas for all the family. Santa Claus will join the event during the afternoon and all children are welcome to visit him in his grotto.

Finally, the Annual General Meeting of the Village Hall Committee will be held on Monday 7th January at 7.30pm.

There will be a guest speaker and the evening will conclude with refreshments and nibbles.

Michael Sole ~ chairman@hughendenvillagehall.co.uk

Tea & Cake Fundraiser

Christine Powell and her grandson, Thomas, would like to thank everyone who attended our Tea and Cake fundraiser in August. We had beautiful weather and a lot of people attended and stayed for a long time catching up with friends and neighbours that they don't see very often. Not only did we have a lovely relaxing afternoon, but we managed to raise £500 for Tom's trip to Namibia during the summer of 2019. We are thrilled with the amount raised as it is a lot more than we expected. This will certainly help to fund the school project that the students will be involved with. Once again, many thanks for your support.

Christine Powell ~ 07815 163269

Situations Vacant



2020 Village Day Chairperson

Work will soon start on planning for the next village day and a chairperson is sought to lead the experienced team organising the event.



Village Hall Treasurer

To succeed the current treasurer who is standing down at the AGM. Job details can be found on <https://www.facebook.com/1511363699178612/posts/2073201279661515/>



Village Hall Secretary

To provide full administrative and technical support to village hall committee. Job details can be found on <https://www.facebook.com/1511363699178612/posts/2073202519661391/>

Please contact Michael Sole ~ 01494 563516
chairman@hughendenvillagehall

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So if you have a party, meeting, class, club wedding, special celebration, or show call now on **07815 163269** to find out more.



Gill Graham visits Westminster to hear of momentous year for brain tumour community



A bereaved wife whose husband died 18 months after being diagnosed with a brain tumour, has attended a committee meeting at Westminster as MPs and clinicians reviewed a year of momentous progress.

Gill Graham travelled from her home in Hughenden Valley for the All Party Parliamentary Group on Brain Tumours (APPGBT) at the House of Commons on Tuesday 17th July 2018.

She was among families, patients, clinicians, carers, scientists, and MPs, at the event as the group set out priorities for the forthcoming parliamentary year. They heard that the APPGBT would drive forward recommendations of an inquiry into the social and economic impacts of brain tumours when it reports in the autumn.

Among the speakers was Sue Farrington Smith, Chief Executive of the Brain Tumour Research charity, who said: "We are proud to have played a key role as the APPGBT has campaigned for change over 12 years. We now look forward to the inquiry report as well as continuing to see the impact of the newly-formed Tessa Jowell Brain Cancer Mission along with new funding commitments and other initiatives announced this year."

Andy Graham, a father-of-two, was diagnosed with a haemangioblastoma but despite the tumour's classification as 'low-grade', Andy suffered unimaginable trauma and distress before his death 18-months later. Since Andy's death, wife Gill and sons Oliver, aged 15, and Dan, 13, have set out to raise awareness of brain tumours which kill more children and adults under the age of 40 than any other cancer.

Gill said: "Andy will never see our boys grow up, share their future, either by marriage, children or achievements, and the impact to our lives has been devastating. We must continue to fight for increased funding for research into brain tumours as this is the only way of improving outcomes for patients and, ultimately, finding a cure."

For more information go to www.braintumourresearch.org

Brain Tumour Research is the only national charity in the UK dedicated to raising funds for continuous and sustainable scientific research into brain tumours, and we are a leading voice calling for greater support and action for research into what scientists are calling the last battleground against cancer.

We are building a network of experts in sustainable research at dedicated Centres of Excellence whilst influencing the Government and larger cancer charities to invest more nationally.

We welcome recent funding announcements for research into brain tumours from the UK Government and Cancer Research UK – £65 million pledged over the next five years. However, this potential funding of £13 million a year comes with a catch – money will only be granted to quality research proposals and, due to the historic lack of investment, there may not be enough of these applications that qualify for grants from this pot.

We want research funding parity with breast cancer and leukaemia. We are calling for a £30-35 million investment every year for research into brain tumours in order to fund the basic research groundwork needed to accelerate the translation from laboratory discoveries into clinical trials and fast-track new therapies for this devastating disease.

The Brain Tumour Research charity is a powerful campaigning organisation and represents the voice of the brain tumour community across the UK. We helped establish and provide the ongoing Secretariat for the All Party Parliamentary Group for Brain Tumours (APPGBT).

We are supporting the crucial APPGBT 2018 Inquiry into the economic and social impacts of brain tumours and will publish their report in the autumn. We are also a key influencer in the development strategy for the Tessa Jowell Brain Cancer Mission.

Key statistics on brain tumours:

- Brain tumours are indiscriminate; they can affect anyone at any age
- Brain tumours kill more children and adults under the age of 40 than any other cancer
- Just 1% of the national spend on cancer research has been allocated to brain tumours
- In the UK, 16,000 people each year are diagnosed with a brain tumour
- Brain tumours kill more children than leukaemia
- Brain tumours kill more men under 45 than prostate cancer
- Brain tumours kill more women under 35 than breast cancer
- Less than 20% of those diagnosed with a brain tumour survive beyond five years compared with an average of 50% across all cancers

Please quote Brain Tumour Research as the source when using this information. Additional facts and statistics are [available from our website, www.braintumourresearch.org](http://www.braintumourresearch.org).

We can also provide case studies and research expertise for the media.

Farel Williams, Regional PR Officer ~ 01908 867221 / 07592502708

Neighbours . . . Everybody needs Good Neighbours

How well do you know your neighbours?

A depressing survey a few years ago revealed that one in three Britons could not name any of theirs. Most of us live surrounded by other people and yet loneliness is reaching epidemic proportions and will only get worse as families become more fractured and geographically separated. The Street Association is trying to reverse that trend. Residents who have one on their street now know their neighbours, nod to them to say 'hello' or stop to chat. The initiative looks to residents to be the eyes and ears in their community to be aware of the most vulnerable around them and bring a sense of security to the street.

As nearly one in three residents across Hughsden are over the age of 60 with the fastest growing proportion of the population aged 80 and over, the more residents who request an information pack, the more resilient the community will be. This means neighbours who might need a little bit of help can be directed to support at the earliest opportunity and those trying to target our vulnerable neighbours will be spotted.

Residents run Street Associations themselves after receiving a start-up member pack from the County Council. Packs include letters to let your neighbours know you're a contact on the street, a directory of local organisations to signpost to support if needed, community safety and scams information to raise awareness and tips on being neighbourly.

So what are you waiting for? Start a conversation and connect your street to know your neighbours are safe and well.

If you are interested in starting a Street Association where you live, please contact communities@buckscc.gov.uk or call 01296 382345 for a member pack.

Helen Cavill, Project Lead, Street Associations ~ 07712 429146



Hughenden Valley's New Playground



Friday 19th October saw the official opening of Hughenden Valley Playground and we were pleased so many of you joined us in celebrating.

It has been one year since the old equipment was removed and we are very proud of what has been achieved.





The park was a joint venture between the Parish Council, Hughenden Valley Village Hall and the Playground Friends. We would like to take this opportunity to thank all of those who helped us achieve this result so quickly.

- Karen and the team at The Harrow who have been amazing. Please check out Karen's new play equipment and Winter menu too.
- Hughenden Pre-School
- The Residents Association
- Piers Photography
- The Rotary Club
- The Village Shop- you can still purchase raffle tickets to help us raise the last few pennies that are needed.
- Wycombe District Council
- Hughenden Parish Council
- All those who personally donated

If you haven't already, we very much look forward to welcoming you to the NEW park and do hope you all enjoy it.

Photography courtesy of Piers Photography.

Lisa Thyer-Jones ~ hvplaygroundfriends@gmail.com

September 29th – HVRA Events Day

The Coffee Morning, the first part of our day, raised £100 for Macmillan Cancer Support. The people who came stayed for an extra hour and really enjoyed the Coffee and Cake. We were asked to do another one next year! Many thanks to Viv Dockett,



Rosemary Hewitt, Lin Smith, Christine Bowyer and Janet Howe who made the cakes and helped welcome the guests, although small in number, particularly the ones we had not met before, enjoying themselves. Thank you to all who came, who were all so appreciative.

Thanks to Macmillan for their supply of items to help the morning succeed. They sent plastic table cloths, stickers, bunting and balloons, (saved for another time). The raffle helped to make a reasonable donation to Macmillan. It would have been nice to have had more people, but you have to remember sometimes that small is beautiful.

At the second part of the day we had aimed to show a comedy film which had been filmed at David Davies' farm in Great Kingshill over 50 years ago. David Jarman was happy to lend the DVD to us, together with his DVD player, for which grateful thanks. However Angus' projector couldn't be connected to David's DVD player even though we obtained an adaptor and ran it successfully the previous evening, but after that it would not work any more. We will however show it sometime soon.

In the third part, "You have your say", the children and their parents came in the afternoon. The children very politely said what they wished to say; they were very specific and listened to several of us explaining

which Council does what and how much we will try to forward their observations, suggestions and comments. It was a pleasure to listen to them, the Village's future generation. See Co-Chair's report and page 7.

The day ended with the Fish & Chip Supper. Many thanks to Prestwood Plaice for their on-the-dot timing and the delicious Fish and Chips and spring rolls, all individually wrapped and we thank them too for their discount. Several guests said they will be changing to them. This was followed by tubs of various flavours of ice-creams from Beechdean Farm, collected by Angus.

After that, we settled back to enjoy country music (and not just from this country) from the Hodge Podge duo. You should have seen how much this was enjoyed as the Country Music rolled out, complete with the appropriate dialect accents for the many lyrics. They can certainly sing and entertain and were much appreciated by an enthusiastic audience. Andrew had arrived with many guitars and other stringed instruments, all of which he played to accompany singing at some time during their performance. Grateful thanks to both musicians, Andrew and Steve. Also thank you to David Mynors for stacking up the furniture with the men at the end.

Maybe it was an ambitious programme for one day, but the thought of reaching out to the older, middle and young people of the Village was very worthwhile. We are very grateful for the free hire of the Village Hall, booked 18 months earlier, when I sat down one day with Christine Powell to find the very next available Saturday for us. Hunting for an available booking date was little better than looking for hen's teeth!

Angus & Janet Idle, Janet Howe, Rosemary Hewitt, Christine Bowyer, and Lin Smith.

Hughenden Valley Residents Association

Dear Young Residents,

Thank you for filling in your “You have your say” forms for the Hughenden Valley Residents Association in September. All of you are very observant and we want you to know that we have contacted several official bodies about your views, as you are the upcoming future generation here.

There are also some really good ideas from the many realistic suggestions you made to make life interesting, especially concerning a Library and an Art Gallery somewhere in the Village.

We also have a special “Thank you” to those of you who came with your parents on Saturday 29th September and put your wishes forward in the Village Hall. Just to reassure you we have checked and there is a Dog Warden; we are also trying to hire a Climbing Wall for you in the spring. That is just a couple of items so far.

We have passed on your many very important views about heavy lorries and speeding, as well as bus stops and pedestrian crossings; (not forgetting the Jelly Beans at The Shop).

Well done everyone, and thanks to your teachers and Mrs Ann Smart from the Street Association who came to the School to visit you. How great it was that the younger years wanted so much to take part as well. With a lot of thanks and congratulations!

Hughenden Valley Residents Association Committee

There is more about your ideas on the next page

“You have your say”; What they said.

They would like, amongst other things:–

1. A library and book-swap area somewhere in the Village.
2. An Art Gallery for the work of both adults and children. (Village Hall).
3. Several pleas about the shop. They want it bigger, cheaper and more variety (for Children). Louise knows.
4. A larger coffee area to give more space for children to eat and drink.
5. No more houses to be built in our three villages.
6. Not build on farm land, but leave the fields to wildlife and farming. **They** want to be involved in this area.
7. More advertising to persuade people not to litter. They will help with it.
8. Many complaints about heavy lorries and how they are driven.
9. Narrow and mossy pavements, overhanging hedges.
10. Near the School – a bus stop (route?), a street lamp and a pedestrian crossing. Please!
11. The pedestrian crossing near the Surgery was not liked at all – too scary!
12. There is a lot of sympathy for dogs – need place for them to run free, but disliked dog-poo.
13. A trampoline permanently fixed to the ground. Need for safety in The Field.
14. A Zip-wire somewhere. Ask the Village Hall.
15. A maize-maze again. (Ref to Lacey Green farmer).
16. There needs to be an older group so that a Junior Council can be formed here.

There is no doubt that some of these ideas will develop!

Please look at the article on “Have your say” on the previous page.

The Film Show that Wasn't

At the second part of the "29th September HVRA Day" we had aimed to show a comedy film which had been filmed at David Davies' farm in Great Kingshill over 50 years ago. David Jarman was happy to lend the DVD to us, together with his DVD player, but Angus' projector couldn't be connected to David's DVD player. We obtained an adaptor and ran it successfully the previous evening. On the day, while the Macmillan Coffee morning was in progress in the hall, Angus set up the system on the stage and managed to play the film successfully behind the stage curtains, without anyone realising it.

About twenty people came to the Village Hall for the film show, and were given coffee and cakes while they waited. However things went wrong then. The David's DVD player refused to read the disc at all. Undeterred we tried to play another DVD, as a test – and that worked perfectly (hooray!), except there always seems to be a flip side on occasions like these. When we plugged the sound into the hall's PA system we discovered that that has no volume control, so it deafened every one. At least more coffee and cakes, **and the raffle** were enjoyed by all.

That was one long learning curve which Angus did not enjoy! We **will** however show it sometime soon. *Angus Idle ~ 01494 563673*



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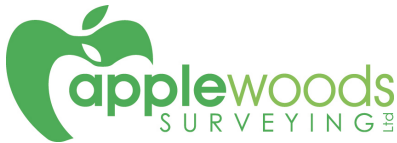
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Hughenden Parish Council

Allotments

The hot summer months meant bumper crops for many of the allotment tenants around the parish and the annual allotment competition was a great success. The council has just begun a programme of maintenance of all vacant plots to make them ready for spring next year when it is hoped that each site can get close to full capacity. There are many benefits of allotment gardening – fresh fruit and vegetables, fresh air and exercise, and making new friends to name but a few. If you would like to become an allotment tenant, please contact the office on 01494 715296.

Grants

Since the start of this financial year, the council has provided financial support in the form of grants to the Village Hall, £5,000 to assist with the purchase of the new playground equipment and £1680 to assist with the purchase of external Christmas Tree lights for the village. Also, by supporting the Fish Eye Film Festival with a small grant of £240, it meant that two film showings were able to take place in the Hughenden Village Hall and the Great Kingshill Village Hall.

There are still funding opportunities available. If you are a local organisation requiring financial assistance with a particular project, you could be eligible for grant funding from the council. The deadline for this year's applications is 31st December 2018. Please visit: www.hughendenparishcouncil.org.uk or contact the office on 01494 715296 or at clerk@hughendenpc.org.uk.

World War 1 Commemorations

You may have noticed that the council has sponsored three Silent Soldier Silhouettes around the parish – one of which is located in Hughenden Valley at the bottom of Coombe Lane. With the 100th Anniversary of the end of World War 1, the council wanted to mark the commemorations by supporting the Royal British Legion with this initiative. You will find the other Silent Soldiers located at the War Memorials in Naphill and in Great Kingshill. The Council have also supported the return of a memorial tablet to Bryants Bottom. The memorial, which had originally been sited inside

the Old Chapel in Bryants Bottom had been removed and was being held in Wycombe Museum. The memorial is to be installed on the outside walls of the Old Chapel and commemorates individuals from the area that had lost their lives in the First World War.

125th Anniversary of HPC

Next year will see the 125th Anniversary of Hughenden Parish Council. The council is bringing together representatives of each local community to create a history of each village. Further plans will be announced when known, but if you would like to get involved please contact Cllr Simon Kearey at simon.kearey@hughendenpc.org.uk.

Councillors

Hughenden Valley Ward Councillors:

- Cllr Peter Gieler – peter.gieler@hughendenpc.org.uk
- Cllr Simon Kearey – simon.kearey@hughendenpc.org.uk
- Cllr Hilda Stearn – hilda.stearn@hughendenpc.org.uk
- Cllr Geoff Wickett – geoff.wickett@hughendenpc.org.uk

Hughenden Valley Ward is the only ward that has a full compliment of councillors. There are vacancies in the following wards:

- Great Kingshill – one vacancy
- Naphill & Walters Ash – one vacancy
- Widmer End – three vacancies

If you know of anyone in these wards, interested in becoming a councillor, please ask them to contact the Clerk on 01494 715296 or by email – clerk@hughendenpc.org

Finally, although it may seem a little bit early – Hughenden Parish Council would like to wish all residents a very Merry Christmas and a Happy New Year.

Shona Hadwen, Parish Clerk ~ clerk@hughendenpc.org.uk

Macmillan Coffee Afternoon at Hughenden Primary

On Friday, the 28th of September from 3pm – 4pm Hughenden Primary hosted a magnificent coffee afternoon. Which was a huge hit!

It also helped raise money for the fabulous Nurses at Macmillan who help make the lives of those with terminal kinds of cancer as full and as comfortable as possible.

The students in year 5 and 6 planned the event in only a few lessons (with help from a team of staff). They planned and bought all of the needed supplies to pull off the event.



The whole school brought in a contribution to the event whether it was a baked good, to sell or a donation.

Year 6 ran the stalls and got everyone served, with only a few cold brews. In all it was a successful event raising over £350.00 and a huge contribution to a very important charity!"

Lily, Year 6

Melissa Durston, Admin Support Officer ~ 01494 562501

Young Entrepreneurs!

Late in the summer term four of our (then) Year 3 pupils, led by Amber Scott Thorburn and ably assisted by Ella Halvorsen, Daniel Sewell and Jack Wallwork, decided to raise funds for the Air Ambulance.

They organised it all, with a little help from staff, and I mean a little. We gave them the last slot of the week on a Friday afternoon. The children had craft activities in the school and at home time, to catch parents, grandparents etc, they moved outside for a cake sale.



We were so impressed with their overall efforts, how they provided all the resources and worked so hard on the day. They raised an admirable amount of £191 for such a worthy charity, that we all hope we will never need, but if we do are so grateful to the likes of Amber, Ella, Daniel and Jack who keep the air ambulance in the sky and kitted out.

The school felt this valiant effort should be recognised. These pupils put in so much of their time and effort for the benefit of others and it certainly says a lot about our own fabulous four. We not only forwarded the money to the Thames Valley Air Ambulance, we also told them about the children's independent efforts. They were delighted to send along a representative to a special assembly where we not only celebrated their efforts, but learnt an awful lot about the Air Ambulance, how it works, who makes up the crew and how fast it can fly!

Thank you children – Hughenden is proud of you.

Linda O'Malley, Senior Leader

A Celebration

At a whole school assembly, the staff and pupils were delighted to share in a celebration with Joe and his boys, Billy and Harry, as their adoption was legally formalised. The school have shared this journey with the family and, therefore, it was great to be able to also mark this occasion with not one, but two cakes!



Hughenden Primary School

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Thames Valley Air Ambulance's Exciting New Overseas Challenge.

Does the idea of trekking in India capture your interest? Why not pop in and see us, and the event organisers, Global Adventure, at our information evening on Friday 9th November from 6pm at our Stokenchurch Office.

There will be an opportunity to hear about exactly what happens on the trek and to ask any burning question you may have.

There's no pressure to sign up if you attend the evening, but we'd love to see you – who knows, we could be going on this adventure together!



Our supporters play a vital role in our team. Joining us on the trek will not only have you trekking through some of the most unspoilt, and spectacular scenery in India, it will also allow you to explore the spiritual home of the Dalai Lama, Dharamsala. Your support will help our

crew to continue delivering advanced medical care to people in an emergency day and night, 365 days a year.

You will get to experience the famously friendly culture of the region with our adventure culminating in a visit to the Taj Mahal, one of the new seven wonders of the world, and a reward for your grit and determination throughout the journey.

The Dalai Lama Trek is taking place from 3rd October – 13th October 2019, for more information please visit our website:

www.tvairambulance.org.uk/dalailama

If overseas treks aren't your thing, we have a whole host of other events and opportunities which may be up your street.

This year we have 50 places in the Marlow Santa Run so dust off your red suit and join thousands of people as they race round the streets of Marlow on December 2nd at Higginson Park in the 14th annual Santa's fun run.



Everyone can be a hero in their own way. Whether you are a master baker, a fun runner, a pub quizzer, or you've got some spare time to volunteer and join the team. We are always looking for people to host their own events, or to volunteer for us. We'd love to hear from you if you have any questions.

For more information on our events, volunteering opportunities or to find out more about what we do, please visit our website:

www.tvairambulance.org.uk or email

fundraising@tvairambulance.org.uk or call 0300 999 0135.

Clare Allen, Events Fundraising Manager, Thames Valley Air Ambulance
t: 01494 410335 m: 07879 446370 e:clare.allen@tvairambulance.org.uk

A Very Royal Christmas: a visit from the Faery

This Christmas, follow in the footsteps of Queen Victoria and Princess Beatrice when they came to visit Benjamin Disraeli at Hughenden. Affectionately called his 'Faery' by Disraeli Queen Victoria visited her favourite Prime Minister in, 1877.



Image copyright @NT, Hugh Mothersole

You'll be greeted as they were by a chair arch, a replica of the one the town of Wycombe erected for the Queen's arrival. Explore the showrooms and discover the tale of the Faery's visit to Hughenden and enjoy the manor decorated for a traditional Victorian Christmas. In the candlelit dining room, mock turtle soup and tipsy cake are being served. In the drawing room, the decorations tell of an extravagant bon bonnière sweet treat, Disraeli's gift for the Princess, the statesman's room is dressed as a German forest, and you can write a letter to the Queen and send it by penny post in the garden hall.

Enjoy some festive shopping away from the hustle and bustle of the high street in our Stable yard Shop with a range of gifting ideas for friends and family, and round off a visit with a hot drink and treat in our Café.

Christmas at Hughenden starts on 23 November and runs every day from 10am-4pm (house open from 11am-3pm) until 2 January. Closed Christmas Eve and Christmas Day.

*Lenya Carrington, Property Operations Manager, National Trust,
Hughenden Portfolio ~ 01494 755594*

Gill Graham

Virtual Assistant/PA

Do you wish you had a few more hours just to get another job done?

Do the increasing to-do lists and piles of paperwork frustrate you?

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If you think I might be able to help you then please feel free to contact me on my mobile: 07887 691381, via email:

Gillatlittlemisspa@gmail.com or via my website:

www.littlemisspa.com

From the Vicarage

I wonder, are you looking forward to Christmas this year?

Does the anticipation of spending time with your nearest & dearest warm your heart? Or perhaps you are struggling to see any further ahead than weeks of Christmas shopping, great expense and over indulgence?

As a Christian, I try to remain focused upon the Christian festival, although no one is immune from the emotions which are stirred up when the latest batch of Christmas adverts are released on our television screens. Many paint an idealist, even unrealistic portrayal of what represents a Christmas to which we can aspire. Understandably, we want a memorable celebration, but surely those around the table, the fireplace & the game of Monopoly that goes on for hours are what makes Christmas special?

Sunday 2 December marks the start of Advent, the beginning of a new Church year. The season of Advent is all but lost to most, as the countdown to Christmas reaches fever pitch. Traditionally Advent has been a time of preparation for the Christmas festival, but also a time to reflect upon our lives, spend some time in prayer, as we invite God to change those areas of our lives which we know need reshaping by the Holy Spirit.

As you read these words, probably seated beside a pile of unwritten Christmas cards and a long to-do list, I encourage you to spend some time this Christmas exploring (or perhaps re-exploring) the Christian message of Christmas. The miraculous birth of a King in a stable, who would become the saviour of humanity.

I would like to also extend a personal invitation to you and your family and friends to attend one or more of our Christmas services at St Michael & All Angels Church, Hughenden.

Sunday 9 December	3pm	Christingle service
Sunday 16 December	4pm	Christians in the Community Carol service [at Naphill Village Hall]
Sunday 23 December	6pm	Nine Lessons & Carols by Candlelight
Christmas Eve	3pm	Crib Service
	11.15pm	Midnight Communion
Christmas Day	8am	Holy Communion [Said]
	9am	Choral Holy Communion
	11am	Family Communion
	5pm	Carols by Candlelight

May you know the peace and the joy of the Christ child this Christmas and always.

God bless you, *Reverend Keith Johnson* ~ 07772 642393

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Village Shop

It's been a wonderfully busy few months again at your village store and coffee shop. The beautiful summer (and autumn!) saw many customers being able to spend long lazy days at the shop and the surrounding area. The play area and the playing fields were well used and it was lovely to see so many groups of families and friends. With the success and popularity of the ice-cold fruity smoothies and milkshakes, we also introduced Ice Cream shakes which went down a storm – and some customers are still coming back for those! Sales of ice cream and lollies went through the roof as well as cream teas and Salad/Scotch egg lunches. The popularity of the locally made Gluten Free Cakes on the counter have increased and we therefore now stock the Victoria Sponge and Chocolate Cake every week and have also introduced the new Gluten Free brownie. We have introduced a new range of delicious cakes from Fatherson's bakery which are selling very well. In addition to the ever popular Victoria Sponge and Chocolate Cake, the Lemon Indulgence, Salted Caramel and Coffee and Walnut loaves are selling particularly well. (If you would like to guarantee a cake of your choice, cakes can be ordered - by Tuesday pm, for delivery on Thursdays).

New Gifts - Our lovely range of greetings cards has been selling so well that we have now introduced a range of gifts to accompany them - some locally made. We have a range of Fizzy Fuzzy soaps, bath bombs and candles that make the ideal gift. The range is locally made by Vicki who lives in High Wycombe and all products contain natural ingredients. We also have a new range of gift biscuit tins which are ideal for any occasion. (Don't forget we also sell wrapping paper) and our range of Christmas produce and gifts are now in, some of which are also local and handmade.

Winter Warming foods - With the colder weather upon us we are back to offering our winter warmers – warmed slices of Lardy Cakes, giant warmed cookies, warmed brownie slices, toasted teacakes and crumpets, gingerbread lattes, delicious indulgent hot chocolate with all the toppings and of course our hot food menu. Why not come down and keep warm in our cosy cabin with our delicious soup, pies, bacon baps, jacket potatoes and our new menu which will be available from December.

We now offer Afternoon Tea which can be bought by way of a voucher as a gift i.e. 'Afternoon Tea for Two (or more!) or alternatively it can be booked for special events in the cabin. So far, we have hosted a two baby showers, an anniversary party and two birthday events. The Tea includes a selection of sandwiches, unlimited Tea or Coffee, scotch eggs, local quiche, crisps, tomato and cucumber crudities, scones and a selection of cakes.

As is the ethos of a community shop, we continue to support our local community with donations and fundraising. We hosted the MacMillan coffee morning in September and donated the profits of all cake sales for the day. We have held a raffle to support the playground fundraising team and donated a hamper, afternoon tea for two and a signed book by Mary Berry. We also provided refreshments of free squash and biscuits for the playground opening launch party, have donated a cake to Hughenden School's fundraising Cake Sale, and hampers of produce for the Great Kingshill School Fete and the Hughenden Village Day.

We will also be organising the Carols Around the Tree and Lights Switching-on event again. This will take place at 4.30pm on Sunday 2nd December outside the shop. Mulled wine, mince pies, shortbread, hot chocolate and other hot drinks will be available to keep you warm!

With the colder weather upon us please don't forget that we carry our local free home deliveries to the elderly, housebound or for anyone who is ill and can't make it to the shop. Even if you just have flu, are recovering from an operation or are a parent at home with a sick baby or child - please do call and we can deliver just a pint of milk or a basket full of supplies until you are better. If you know of any friends or neighbours who would benefit from this service please do let them know. (Tel 01494 568653).

Would you like to join our volunteer team? We still need more volunteers so if you have a few hours to spare please call us. The work is fun, friendly and rewarding. All training is provided and you'll never be on your own!

Louise Jones, Manager ~ 01494 568653

Active Bucks – Move more, feel great!

There is strong scientific evidence that physical activity can make a major contribution to leading a healthier and happier life but not enough of us are meeting the recommended weekly requirements. In fact, data suggests that over 37% of Bucks adults don't undertake enough physical activity to really benefit their health (150mins per week).

The Active Bucks project was setup in 2015 to try and reduce this figure and during this time, has helped around 5,000 residents take their first steps into a new physical activity.

Our new focus will be on engaging more Males in physical activity due to being underrepresented in previous years! Therefore we have set up a new Men's Fitness Pilates class running at Hughenden Valley Village Hall on a Friday afternoon, 1:30-2:30pm, starting on 19th October 2018. The session is run by Alice Ramcharran at Pyramid Fitness. No need to book, just simply turn up. The session costs just £4, is beginner friendly and most importantly fun!

More information about the session and to find out about all of the other activities that are running near you, please visit the Active Bucks website, where you can also register to download a free first session voucher! www.activebucks.co.uk.

Alternative please contact Claire Foster, Adventure Learning Charity claire.foster@active-in.co.uk or 07703754589.





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High Wycombe & District Philatelic Society

We are now back after the summer holidays, and have already had one of our visiting speakers, Colin Lee, who gave us a very interesting display of SUDAN. It will not be long before our important event of the year, on Thursday, 6th December, when we celebrate our 40th Anniversary alongside our Annual Christmas Dinner which is again being held at the Hazlemere Golf Club. We are hoping that as many members as possible will come along with their spouses and friends, together with a number of past members who have moved on, thus making a very enjoyable re-union and an opportunity to meet old friends.

Although stamp collecting in this country may be less popular than it used to be, it seems to be thriving in countries like China. I recently needed to realise cash for a lady who wished to dispose of a fairly large quantity of mint stamps. Whilst I knew that recent decimal stamps including commemoratives attract only a percentage of face value these days, and the older £sd stamps of King George VI are no longer valid, but apparently in China they sell like hot cakes, although the amount realised over here is still quite small. So I was able to sell all her stamps for her, with the satisfaction perhaps of knowing that someone in a remote Chinese country village is enjoying the reward of a Festival of Britain 2.1/2d. stamp.

Ken Richardson, Secretary ~ 01494-563155

Hughenden Valley Football Club

The football season is well and truly up and running with 230 boys and girls signed up for another thrilling season. Thankfully the back pitch has remained badger free (fingers crossed) but the dry summer took its toll. Following a costly treatment and repair (6 tonnes of top soil and seed!) plus much needed October rain – the surface is back to its best.

On the pitch we have made a good start to the season in the League. The junior teams play friendly just for fun competitions however the boys and girls love it when it gets competitive and our league positions across the club are admirable. Well done to the U16's who are currently unbeaten & top of the league.

Our next big fundraising event is the HVFC Christmas Party on Friday 7th December at Magnolia Park. See Victoria Bellamy or Kath Gourley for tickets but hurry as they are selling very quickly. The AGM & family fun day is already booked for Sunday 2nd June 2019.

Good luck to all teams as we enter the tough part of the season in the buildup to Christmas - all readers are more than welcome to come along and support the Club every Sunday. A hot cup of tea, bacon roll and thrilling football always awaits you!

Finally, we would like to feature some of our youngest team. The U7's – who play at Hughenden Primary School under the expert management of local Dad's - Andy Booth and his coaching assistant Richard Cawley. The team couldn't wait to try on their new kit and play the first game. Our current fundraising efforts will go towards new metal safety goals for the team as the existing plastic goals are falling to bits. Also, our fantastic U9's who could be seen at WWFC as match day mascots and half time penalty takers – team manager Dave Hilling was extremely proud of all the kids and don't they look smart in their new kit.



Neil Bellamy, Chairman ~ neilbellamy@icloud.com

Hughenden Art Group report October 2018

It was great to meet up with old friends after the summer break! Everybody feeling refreshed and happy after the magnificent summer weather we all enjoyed. When we return after the summer break we all have to be motivated for our annual exhibition! So we start with instruction on picture framing, rules etc.

Pastels and Chinese brush work were enjoyed on a couple of Monday evenings before the all-important and exciting exhibition fever sets in. Every year one comment from the public is the same! WOW! The standard gets higher and higher each year! Well done to all our exhibitors. You did us proud.



We start the weekend festivities on the Friday evening, inviting all our friends and relatives to a preview (is it a bribe that we supply wine and canapés). Joking apart this is a lovely evening enjoyed and looked forward to by us all. Live music is supplied by one of our members and her husband. Gentle guitar music, perfect. When the doors finally closed on Sunday evening, the exhibition committee could relax, breathe a sigh of relief, knowing, as usual, they had done a brilliant job! OK! We are now on a roll to (dare I say it) Christmas. We have some wonderful evenings to look forward to, including Autumn Mood in the Chilterns, water colour; Illuminated Script, a talk on women and a Saturday workshop in inks, subject Foliage and fruits.

The Christmas party this year is very different! A quiz evening with Fish and Chips, an invitation from our committee, everybody plus partners invited!

A Happy and content Christmas to you all, and a positive New Year.

Margaret Hunter ~ 07484 652079



Hughenden Valley Village Hall

CHRISTMAS DANCE

Welcome Drink 3 Course Meal Live Band

Saturday 22nd December

Welcome reception 7pm, Dinner 7.30pm

Carriages 12am

Bring your own drink and glasses

£35 ticket available from Diana 01494 563257 or

email: victoriabellamy@icloud.com

The Path to Black Belt

Seido Karate Where Difference doesn't Mean Deficit

Ever heard of Bardet-Biedl Syndrome? I suspect that you haven't. Ever heard of Richard Parker? The answer is also likely to be negative unless you are part of our Seido Karate organisation or have read 'Life of Pi'. Now combine Bardet-Biedl Syndrome (BBS) and Richard Parker (not the tiger from 'Life of Pi') and this leads you to a remarkable event that took place on Wednesday 17th October at Tylers Green Village Hall.

Richard Parker took the final part of his black belt promotion, and passed. The syndrome that he has to cope with is a rare condition that affects many different parts of the body.

From birth, Richard's sight progressively deteriorated, and he was registered blind at the age of nine. His syndrome was diagnosed at the age of three and this motivated his parents to establish a charity which eventually led to the establishment of a multi-disciplinary clinic focusing on every aspect of the complex disorder. At this clinic, all the 'ologists' concerned with BBS bring to bear their expertise in one place to help manage the symptoms associated with BBS. This has revolutionised the approach to helping sufferers.



It is hard to imagine some of the cruelties inflicted on Richard by bullies as he was growing up. He was different and therefore a target of abuse.

But Richard is not a man who gives up easily and, with the help of his parents and two brothers, he stoically faced every challenge that life could throw at him.

On leaving college at Birmingham, he wanted his independence and moved from the family home in Little Chalfont to his own maisonette nearby. Not surprisingly, Richard, who has suffered so many setbacks in life, lacked self-confidence and found it difficult to be assertive. This

was reflected when he applied for a guide dog only to be told that he was not assertive enough!

This rejection prompted his parents to look for help and Richard was referred to me through one of my local instructors, Stuart Wilson 5th dan, who now runs our Tylers Green Karate club. It was at this point, eight years ago, that I started to teach Richard karate in my private studio. Slowly but surely Richard progressively mastered the complexities of a martial art that is demanding and one which he had never experienced before.

Imagine that you have no sight and are asked to learn complex attack and defence movements that sometimes ask you to move through 180 degrees. Try standing on one leg with your eyes closed and kicking as hard as you can with your leg and you will understand the challenge of keeping your balance. As you progress, imagine putting on protective fighting equipment and exchanging techniques with your partner never really knowing where the next attack is coming from. I refuse to treat Richard differently from our normal students. My job was to unlock his potential. His job was to want it to be unlocked.

Our partnership, and that is how I see it, has grown stronger each year and last year I told Richard that I wanted him to try for his black belt. It was a daunting prospect for him. He would need to increase his fitness and work on his technique. He would need to master complex moves of attack and defence known as *kata* as well as many self defences. He would have to upgrade his fighting skills.

His confidence and assertiveness grew: he now trained regularly in our group sessions and all our students have come to know him and to respect his efforts. He would be taking his black belt together with a student who has had to cope with Downs Syndrome and she is just as remarkable in her own way. Together, with determination, they faced the four weeks of tests. Last Wednesday evening they both spoke about the challenges they had faced in their lives and their accounts touched the hearts of us all. Finally, they fought for their black belts together showing an indomitable spirit.

We like to think of ourselves as the Seido family and our principles are rooted in love, obedience, and respect.



Love is the fundamental principle. It grows out of respect and encompasses understanding and shows compassion for the suffering of others. Love means seeking to take the right action both morally and ethically.

Obedience is a way of teaching humility and keeping our egos in check as well as trying to be a good citizen and keeping the laws of our country. The highest obedience is to the moral and spiritual principles of our conscience.

Respect. First you have to respect yourself before you can respect others and this means recognising your weaknesses and seeking to correct them. We call it polishing your character. Karate begins and ends with respect. Respect for our parents and the sacrifices that they have made for us is most important. The dojo should always be a place of developing profound respect which you then carry into your personal life.

In Seido karate we recognise that the black belt is just the beginning of the next journey. You never know where that journey will lead but Richard and his companion are both fine examples of how the dedication to their art has enriched both their lives and the lives of all those who know them.

The philosopher Lao Tsu said:

It is easy for a student to find a good Master but it is much harder for a Master to find a good student.

I was lucky to find Richard.



Sei Shihan Roger Thyer-Jones, 6th Dan WSKO UK

For details of all the Seido clubs in Bucks and the UK visit : www.seido.org.uk
www.seidobucks.com

Children classes take place every Tuesday at Hughenden Valley from 6.30 to 7.30 p.m.

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HAGA's Allotment and Gardens Plot

Hello Plotters,

Que Sera Sera.....

[From last edition's article].....

"The Mystery of The Quinces

And the quince.....Oh what blossom in early May.....joining the exuberant throng. What expectation.

Six weeks later, not a sign of fruit..... " "

And so it remained, no quinces this year, caught out I suspect by too hot/too dry and insectless too early for fruit to set – despite what the labels say, Cydonia Oblonga is not completely or truly self-fertile; it needs help.

Still, a very good crop of figs; 5 good bunches of grapes; climbing French beans (but poor Runners) excellent chillies and tomatoes. The greenhouse cucumber started well but then stopped fruiting – it eventually got too hot! It perked up again for a last few fruit in September when the sun went in.

Right at the beginning of summer (the end of May!!!) I bought a citrus, a sweet orange, with 4 fruit just ripening. I was also given a collection of Cymbidium orchids. Both were happy to live outside during the fine weather. The oranges were wonderful as they each ripened, and 5 more fruit have developed since – hopefully for next year. The orchids are still outside as they need lower temperatures to (hopefully) start flowering in late autumn/winter. Trouble is, it's still too warm in the greenhouse (though unheated) on some days (it's mid-October as I write) so they need a bit of monitoring yet awhile. Then I discovered that I can't grow the orchids and the citrus together in the greenhouse through winter – the orchids want temperature at 15 degrees (overnight max) while the oranges need the temperature to stay well above 15 all the time!! So the orange is now indoors with an artificial growing lamp to boost the light: I haven't got a conservatory.

As for the chillies.....Que Sera, Sera.

Our short holiday in Hampshire/I.o.W and our July and September days out all went well, beneficiaries of the glorious weather; and we had a

great day at the Village Carnival – thank you to all our helpers and all our supporters.

Our talks will have run their course for this year by the time you are reading this, but suffice it to say that we have continued to get good turn-out and we hope to continue this into the future with our next year's programme.

Bear-in-mind that we will have our stall at the Hughenden Valley Christmas Bazaar – we are always grateful for any donations to the stall; plants, decorations garden-related items etc. are always welcome.

The HAGA Annual General Meeting is on Friday 30 November in the Village Hall.

Remember....new members are always welcome; come and give us a try.

Andrew Flint, Chairman ~ 01494 564972

Daphne Hicks, Social Secretary ~ 01494 562170



WDC's Quality Counts Tour on 18th October 2018

Janet Idle, HVRA Co-Chair, and I joined a group of 48 people that included Planners, Councillors, Architects, Surveyors etc and members of the public who have a keen interest in planning, for WDC's annual *Quality Counts Tour* on a visit to Bicester because the town has experienced significant expansion in the last few years. Furthermore, WDC are proposing an urban expansion of Princes Risborough of about 2,000 houses and by visiting several housing developments in and around Bicester issues of site assembly, infrastructure provision, spine road design and delivery could be looked at.

Our first port of call was at Elmsbrook, an Eco Town in north-west Bicester that will eventually provide up to 6000 zero carbon homes, part of Cherwell District Council's plans to deliver 13,000 homes in and around the town. Bicester was awarded Garden Town status by the Government in 2014 to create development along the principles of Ebenezer Howards Garden City concept. The building phase that we visited is served by its own Energy Centre and Business Centre. A number of green measures have been incorporated into the housing eg: homes with triple glazing, rainwater harvesting, real time energy and travel monitoring in every home via a tablet that displays energy generation and consumption, live bus departures, home setting demonstration videos and community information. It is UK's first new build *HeartSafe* community with automated External Defibrillators installed a maximum of 400m from each home and charging points for electric vehicles.

We then visited Graven Hill, south of Bicester town, formerly an ordnance site operated by the Ministry of Defence. It is the country's largest self-build housing project of up to 1,900 homes. Self-builders can build their homes themselves, appoint a contractor to build on their behalf or purchase a "kit home". So far more than 4,000 people have registered an interest in the site and Channel 4 have commissioned a six-part "My Grand Designs" series hosted by Kevin McCloud to document the delivery of the first ten homes. It will air sometime in the New Year.

Before lunch we visited The Former RAF Bicester which is an inter-war airfield situated immediately to the north-east of Bicester. Historically it comprised a “Domestic Site” and “Technical Site” together with a large airfield. The site was neglected for almost 40 years and was added to Historic England’s “At Risk Register” in 2008. The airfield remains for gliding and the rest is now an Automobile Industry Cluster, with 80% of the old 1929 brick buildings having been partly redeveloped and converted to provide business space for 35 specialist employers in automobile related industries. The companies specialise in the restoration and sale of classic cars. One of the old aircraft hangers houses about 3,000 cars! The site owner, Bicester Heritage, has ideas for further development at the site, perhaps a 240 bed hotel. Many of us drooled over the wonderful old classic cars that were parked inside and outside the workshops or just along the tree lined roads.

Finally, we visited the Kingsmere development in south-west Bicester that plans to have 1,585 dwellings plus a primary and secondary school, several shops, a large number of affordable housing and a formal open space that includes a sports pavilion and playing pitches. Although the housebuilders including Bellway, Persimmon, Bovis, David Wilson, Taylor Wimpey, Linden Homes and Cala have to adhere to a Design Code there is some flexibility which, in my personal opinion, has spoilt the appearance of the development because buildings have grown taller and taller, becoming plain and less attractive.

Both Janet and I found this year’s QCT very interesting and thought-provoking especially as the guided tours of each of these sites were led by people who had worked on the planning, marketing or implementation of the developments. As is the usual practice at the end of the day, all participants were asked to complete a Feedback Form entitled *What WDC Planners Could Learn from the QCT?* and give 5 learning points along with our reasons.

Rosemary Hewitt, HVRA Planning ~ 01494 562752

Ask Peter

Question

I lost my husband some years ago. He was quite successful in business so left me with a reasonable amount of savings. The cul-de-sac where I live has very friendly and helpful neighbours. I had a health scare last year and thought I might have to go into a home but with some help from the neighbours and my cleaner, I have been able to continue living in my own home. I am hoping I can continue to do so. My son and his family are in regular contact but live some distance away. I have given him £3,000 this year and last, and more substantial gifts in the past. Despite the tax mitigation measures I have already taken I suspect there may still be Inheritance Tax (IHT) to pay after my time. Is there anything further I can do to save IHT?

Answer

Having avoided at least one year in a retirement home you have quite probably saved yourself £30,000 plus and can afford to be moderately generous. You might consider using the small gifts allowance of £250 per person per year. Let's suppose there are 5 couples amongst your neighbours you would like to thank then you could give £500 to each couple. The immediate cost to you would be £2,500. If there is IHT to be paid on your estate then 40% or £1,000 would be saved depending on the IHT rates and exempt bands applying at the time of your death.

Question

I was a teacher and retired on my 60th birthday 6 April 2016. I started to draw my teacher's pension straight away. Where do I stand with my State Pension?

Answer

As you were born 6 April 1956 your State Pension will not be payable until you are 66. Because you were a member of the Teachers' Pension Scheme through most of your working life you only built up a small SERPS pension of £10 per week which would be paid on top of your full basic State Pension of £125.95 making a total of 135.95 per week. If you don't work between the years 2016/7 to 2021/22 there will be gaps in your NI record. You would be very well advised to pay extra years voluntary National Insurance Contributions. For example for £733.20 your starting pension would be increased by 1/35 of the full flat rate pension or 4.70 per week. The payback is less than 4 years. For more details have a look at The Royal London State Pension Guide 2018

Question

When we were first married many years ago my wife and I made Mirror Wills appointing each other as Executors and leaving our Estates to each other. My wife died just over a year ago. Must I make a new Will? We have two children and three grandchildren.

Answer

I appreciate it is early days and you are still coming to terms with your loss. If you think about it on your death your existing Will is not now capable of being implemented and no one living is authorised to take out probate. That is not very fair on your children and grandchildren. If you don't make a new Will your estate will be dealt with under the rules of Intestacy. Not only could that make more work and cost, your estate will not necessarily go to those members of your family, who you would choose to receive it. For example your estate might be divided two ways between your children when you might prefer to see your grandchildren inherit equally. Better to spell out your wishes in a new Will.

Question

Despite the recent increase in base rate from 0.5 to 0.75% the rates being paid on Cash ISA's seem to be only 1%. I have £10,000 to invest using up part of my ISA allowance for 2018/9. From what I have read I should be aiming to make a return of 6% plus but I am not sure how?

Answer

In the context of all your other savings you don't want to leave £10,000 earning just 1% tax free. After 5 years you would have just 10,510 in your account. If your ISA account were earning 6 % after 5 years the account would amount to £13,382. That is the power of compounding. One way you might consider is an Innovative Finance ISA. These came on the market in 2017 and are now being offered by a number of the Peer to Peer lenders. The market leader is Funding Circle (FC) which was recently successfully listed on the London Stock Exchange despite having not yet declared a profit. In my experience since 2011 a gross return of 6% plus is readily achievable even after allowing for FC's fees and occasional losses. If you wish to ask a question then contact:

Peter Cannon ~ kingsleighcs@outlook.com

Hugh 'n' Den's Pages

Hugh adores trees and cannot bear to see one chopped down and die unnecessarily. Den, on the other hand is more pragmatic and although both know a lot about trees, Den puts management and safety first – broken boughs, falling leaves blocking drains and loss of historic views (Chiltern vistas) and highway vision (hedgerows being allowed to grow into trees). What are our priorities? Which do birds prefer? Small ones nest/roost in hedges; larger species, like kites and crows do those things higher up in trees.

Our Councils have responsibilities with Safety. Buckinghamshire County Council has responsibilities with highways; our local Councils (WDC & HPC) cover our local roads, pavements, verges and drainage of 30mph roads.

- a. **Cryers Hill Road** – the tress and verges have been attended to.
- b. **Valley Road** – Flooding of roadside properties has been attended to
- c. **Coombe Lane** – Site lines need improvement by managing hedges and parking. The cone covering the base of the broken, and long removed, roundabout sign pole still awaits further action.
- d. **Burnham Rd/Wedgewood Drv Junction** -- is still unimproved and very dangerous to both drivers and pedestrians.
- e. **The steep hill**, its roadway, footways and hedges get no attention to the safety of drivers and pedestrians. This might change in January.

The HVRA and HPC are doing all they can to pass problems on to BCC Highways, especially the state of Bryants Bottom Road and Potholes

- f. **Fields** – Animal management.
Control of dog-fouling.
Safety of farm animals.
- g. **Chalk, Cherries and Chairs project** – There has been very little publicity about it, so what is it all about?
Only a few people have met under the Chilterns Conservation Board. There are rumors concerning the Whitfield Road Allotments.

- h. Uplands** – What is the future use of Uplands; its Grade II listed buildings and rated gardens? WDC has received representations from Affinity Water, Historic England, Scottish & Southern Electricity networks, Thames Water Property Services, and Flackwell Heath Residents Association which people can see on Wycombe District Council’s website link URL: www.wycombe.gov.uk/reg19responses
- i. Planning and Building Control and New local plan**, version a SpX.

Hughenden Valley & Kingshill Conservatives

We had a very enjoyable return visit in August to Highgrove Gardens, the country home of Their Royal Highnesses, Prince Charles and the Duchess of Cornwall. This time the weather was kind to us, and we had the true beauty of the gardens to enjoy.

We have arranged our Christmas outing for Friday, 7th December, and we will be having our Christmas festive lunch at Miller & Carter’s Steakhouse at Aylesbury Vale, and then on to Waddesdon Manor in the afternoon for their Christmas Fair of some 80 stalls, the Christmassy decorated interior, and as dusk falls, to enjoy the illuminations. There are concessions for National Trust members.

Ken Richardson, Branch Chairman ~ 01494 563155



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Chilterns Conservation Board

Please allow me to introduce myself – my name is Vicki Pearce and I am the new Communications Officer for the Chilterns Conservation Board. I am writing with great enthusiasm to inform you that the new Draft AONB Management Plan is open for public consultation and we would welcome both you and your residents' thoughts on how you think the AONB should best be cared for and looked after.

The new Plan covers a range of issues from bio diversity and wildlife conservation to looking after the special character of the Chilterns villages, managing access and recreation and helping local businesses to thrive. You might be concerned about climate change or the loss of hedgerow trees, perhaps it's the impact of housing and infrastructure development or the loss of wildlife due to poor condition of chalk streams. If you have particular concerns about the area or ideas for how best to protect it and use it, we want you to have your say.

- The draft Plan can be viewed, and any comments submitted at:
- <https://www.chilternsaonb.org/management-plan-review>
- The deadline for feedback is 31 December

We would appreciate it if you could promote/circulate the consultation throughout your community, through social media or any other appropriate channels. I have attached an image and PDF of a poster that you are welcome to use. We would like to give as many people as possible the opportunity to have their say on the future of the area.

It is also worth noting that if you only have a few minutes to spare, you don't have to read the entire document. We'd particularly like to hear peoples thoughts on the Vision and General Policies set out on pages 15-18 of the Plan. Any feedback people are able to provide would be welcomed.

Thank you very much in advance and please do let me know if you have any questions.

*Vicki Pearce, Communications Officer, Chilterns Conservation Board
01844 355521*

Have your say on keeping the Chilterns special

**WHAT DO YOU LOVE MOST ABOUT THE CHILTERNNS COUNTRYSIDE?
HOW DO YOU THINK IT SHOULD BE CARED FOR IN THE FUTURE?**

A new five-year Plan for the Chilterns Area of Outstanding Natural Beauty is being prepared and we'd like your comments.

You can read the draft plan at: <http://bit.ly/ChilternsYourSay>

By 31st December 2018



CHILTERNNS
AREA OF OUTSTANDING NATURAL BEAUTY

What's happening about the MUGA?

Since the HVRA AGM last May little has been heard of the proposed MUGA at the end of the Football Field. This doesn't mean that the project has been abandoned. There has been a small setback because before any progress can be made Planning Permission needs to be obtained from Wycombe District Council Planning Department. In order to secure this permission a professional survey needs to be completed to ensure that sustainable drainage is not compromised by the disturbance of the land in building and maintaining the MUGA. The cost of the survey is in the region of £6,000 which must be paid before the work can commence.

Initially, a grant of nearly £6,000 was made by the Parish Council to the Sports Initiative Committee to facilitate the MUGA proposal but because not all the money was spent at the time, the grant had to be returned. However, the Parish Council Planning Committee subsequently voted against the MUGA at their meeting on May 31st, although Planning Policy GB2 permits Outdoor Recreation and Sport and associated facilities, e.g. the football pavilion on designated land such as the King George V Playing Fields. This grant would have enabled us to commission the Drainage Survey that Wycombe District Council need for us to continue with the Planning application.

So that's where we are. So much work has gone into this project and so much support from the local residents it would be a shame not to give it our best shot. We just need £6,000!

John Dockett, Sports Initiative Member 07986 006335

Are you available to Help as a Driver?

The other day when volunteering in the Village Shop, I came across an elderly lady who lived locally. She had some shopping to carry home and I offered to drop it off to her after I finished my shift, as she was walking with sticks.

Upon delivering her items, we got into a conversation and she told me she was reluctantly giving up driving. She loved her car and loved driving but with the car needing much needed work she was giving up earlier than her plan of 90!

She told me she was trying to build up a network of people that she could ask to run her to appointments. She emphasised her neighbours were really good and offered, but she felt she couldn't keep asking them. I immediately offered her my name and number so that she could add it to her network list. She also planned to book a taxi to take her to the doctor's surgery, about a 2-minute journey from her house! This got me thinking that there must be plenty of people in the village only too willing to offer their time to someone not having the freedom to be able to do this themselves. In talking to my dad, he also volunteered his services.

Therefore, I would like to try and put together a network of people that can help out the elderly if they need it, particularly with winter coming up, when they are most vulnerable. Perhaps they need medication collecting, dropping to a hospital appointment etc. If you would be willing to add your name to the list that can be shared with such people, please would you email me on gillcheshire@hotmail.com or text me on 07887 691381.

Gill Graham ~ gillcheshire@hotmail.com

Volunteering

The Campaign to Protect Rural England (CPRE) is a national campaigning charity which works to protect and promote the countryside. If you love the rolling hills here in Buckinghamshire, and think they are worth protecting from unbridled development, please consider supporting us with a few hours every week. We need people who : -are good at social media: figure out how to reach supporters, create and deliver a social media campaign -like to plan events and meet people: appearances at markets and fairs or organising workshops -with interest in or experience of town planning and land use, who can research questions from our members and prepare responses to planning consultations Time commitment: 2-5 hours a week would make all the difference to us. We also have one-off volunteer projects, if working part-time for a shorter period would suit you better.

Contact Stan Jones ~ 01494716278

Gliss Gliss

Numerous properties in Speen are inundated with these furry creatures, as some of us are here in Hughenden Valley, Bryants Bottom and Cryers Hill, but sadly one family has had to move out of their home in Abbotswood, Speen because Gliss Gliss had eaten through their electrical wiring in their loft causing a fire to start. Like most of us, their loft was full of "stuff" which caught alight resulting in a major fire. This terrible incident has prompted lots of Speen residents to think about the damage caused by the Gliss Gliss, and as a consequence have now installed smoke alarms. Perhaps it's time for those of you with Gliss Gliss residing in your lofts to do likewise as prevention is better than cure.

Rosemary Hewitt, HVRA Road Rep for Valley Road ~ 01494 562117

Hughenden Valley Residents Association Officers & Road Reps - Winter 2018

Office	Officers	Phone
Chairman	Angus & Janet Idle	563673
Vice Chairman	Jerry Morley	
Treasurer	Peter Cannon	563228
Secretary	Rosemary Hewitt	562752
Road Rep for	Road Rep	Phone
Boss Lane	Karen Dynes	563682
Bryants Bottom south	James Perkins	488442
Bryants Bottom north	Janet Howe	488569
Burnham Road	Andrew Capey	258724
Cherry Tree Close	Catherine Hinds	297474
Church Farm	Daphne Hicks	562170
Coombe Gardens	Jerry Morley	
Coombe Lane	Angus & Janet Idle	563673
Cryers Hill north	Daphne Hicks	562170
Cryers Hill south - lower	Alison Gieler	562473
" - upper	Virginia Foster	565797
Fleet Close	Lin Smith	562533
Friars Gardens	Peter Cannon	563228
"	TBA	
Frogmore Close	Becky Bonnerjea	562792
Hampden Road	Al Bowyer	562862
Orchard Close	Peter Cannon	563228
South Maundin	Anna Burniston	565586
Stocking Lane	Al Bowyer	562862
Trees Avenue	David Mynors	562004
Trees Road	Grant Townshend	07595 758399
Valley Road mid	Rosemary Hewitt	562752
Valley Road north	Nancy Pomfret	562117
Valley Road south	Paul Jenner	565543
Warrendene Road	Christine & Al Bowyer	562862
Wedgewood Drive	Jerry Morley	
Whitfield Road	Angus & Janet Idle	563673
Hughenden News Editor	John Dockett	564565
Bucks Free Press contact	Janet Idle	563673
Advertising	John Dockett	564565
Web-site	Andrew Capey	258724
Village Shop	Louise Jones	568653

Hughenden Parish Councillors

Great Kingshill Ward

Cllr Rick Gould (Chairman of Planning)	01494 714566
Cllr Paul Nicholls (Chairman)	01494 717381
1 x Vacancy	

Hughenden Valley Ward

Cllr Simon Kearey	01494 564607
Cllr Peter Gieler (Planning Committee)	01494 562473
Cllr Hilda Stearn	01494 565206
Cllr Geoff Wickett	07813 818072

Naphill and Walters Ash Ward

Cllr Chris Waterton (Planning Committee)	01494 715296
Cllr Anita Boekee	07931 795464
Cllr Paul Hardinge	07810 038198
1 x Vacancy	

Widmer End Ward

Cllr Kelly Gilmore (Planning Committee)	07931 322207
3 x Vacancies	

District Councillors

Cllr David Carroll	01494 716967
Cllr Audrey Jones	01494 563435
Cllr Steve Broadbent	01494 488907

Parish Clerk

Shona Hadwen	01494 715296
--------------	--------------

County Councillor

Cllr David Carroll	01494 716967
--------------------	--------------

Councils

Bucks County Council	01269 395000
Wycombe District Council	01494 461000
Hughenden Parish Council	01494 715296

(Emergency numbers are given on the Hughenden Parish recorded message)

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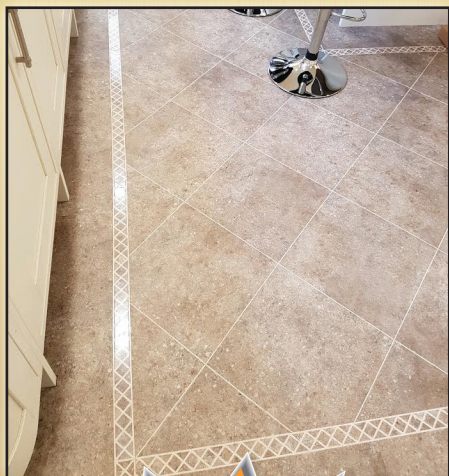
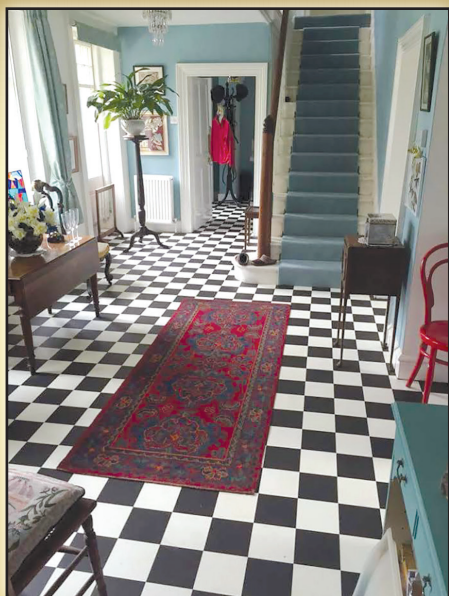
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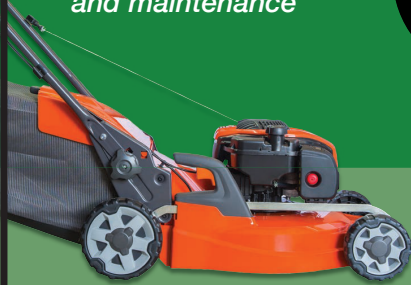
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