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Spring 2017

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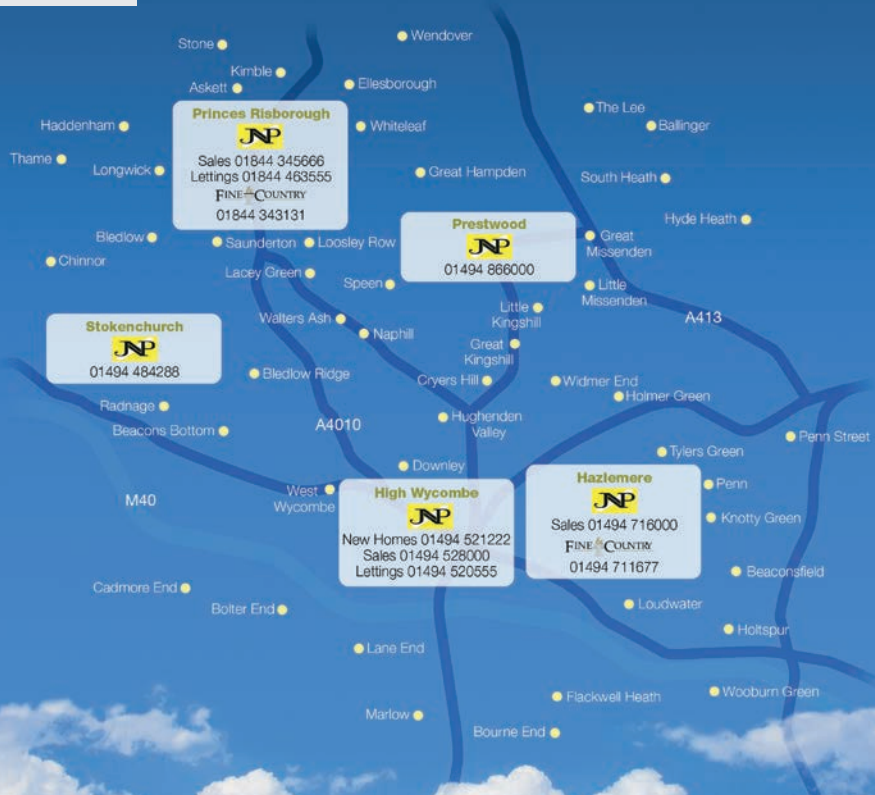
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Regular Village Hall Users & Contacts: Spring 2018

Monday

Pre-School	9am - 1pm	L Jenny Ing	463521
Pre-School	9am - 3pm	S Jenny Ing	463521
Beavers	5pm - 7pm	L Lynda Wallwork	564582
Pilates	1:15pm – 4:15pm	L E Harwood 07803	123092
Art	7-10pm (most Mondays)	S Jill Graves	563813
Valley Players	7:30pm - 10:00pm	L Sheelagh 07468	462023
Village Hall	1 st Monday, 8pm - 10pm	C Michael Sole	563516

Tuesday

Pre-School	9am - 1pm	B Jenny Ing	463521
Badminton Tuesday	1:30pm - 3:30pm	L Nancy Hussy	563767
Sains' Veterans	3 rd Tuesday, 2pm - 5pm	S Sandra Jones	715219
Seido Karate	6:00pm - 8:00pm	L Roger Thyer-Jones	565341
Residents Assn.	1 st Tuesday 8pm - 10pm	S Angus Idle	563673
Pilates	7:00pm – 9:00pm	S E Harwood 07803	123092
	(Not 1 st Tuesday of Month)		

Wednesday

Pre-School	9am - 1pm	L Jenny Ing	463521
Pilates	9:30am - 11:30am	S Rosie Lewin	812796
Pre-School	12noon - 3:00pm	S Jenny Ing	463521
Badminton	1:30pm - 3:30pm	L John Veysey	562332
Flower Arranging	3 rd Weds 6:30 - 10:30pm	L Jan Collins	563890
Pilates	6:45pm - 9:00pm	S Karen Letham 07973	384817

Thursday

Pre-School	9am - 1pm	L Jenny Ing	463521
Painting	9:30am - 11:30am	S Jennifer Chalmers	531119
Painting Class	12noon - 2:00pm	S Bucks Adult Learn	473795
Good Companions	1 st Thursday, 2pm - 5pm	L Pat Furness	563071
Tai-chi	2:15pm - 4:15pm	L+S Pam Felix	440198
Inner Core Restore	7:15pm - 9:15pm	S Vicki Causer 07901	756173
Rachel Fitness	5:15pm - 7:15pm	L Rachel	452286
Pregnant Yoga	7:30pm - 9:30pm	L Sue Friar	564530

Friday

Pre-School	9am - 1 pm	L Jenny Ing	463521
Pre-School	9am - 3pm	S Jenny Ing	463521
Valley Friends	1 st Friday, 7:30-10:30pm	L Heather Mayer	436044
HAGA Gardening	4 th Friday, 7:30-10:30pm	L Debi Hoare	816304

Saturday

Jazzercise	8:30am - 10:30am	L Marthese 01753	889746
Multiple Sclerosis	1 st Saturday, 12noon-5pm	L Judy Biggs	562204

Village Hall Booking Phone Number:- Christine Powell 07815 163269

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Cover Photo

"The Beast from the East" freezes a fountain
In a Hughenden Valley Garden.

Copy Deadline for Summer Edition

Friday 22nd June 2018

Material to magazine@hughendenresidents.org

From the Co-Chairs

Hello Residents

2017 was a very mixed year for the Hughenden Valley Residents Association. Geoff Wright, the longest serving Road Representative, has very reluctantly given up his Committee and Road Rep posts for health reasons. Geoff joined the Committee in the 1960s and rarely ever missed a meeting. He has found a replacement for himself, but he is still welcome to come to the meetings at any time. We wish Geoff "All the Best".

A new Road Representative from Bryants Bottom, Janet Howe, now comes to the Committee meetings and her comments are very useful. Welcome Janet.

It is also good to welcome back Daphne Hicks after a year away with her family presence required in Shropshire.

We also wish to thank Carole Palmer for all her input, quietly in the background since she broke her arm.

The HVRA is not a sad disappointment to the Village as one person has commented. It works assiduously on behalf of all the residents, newly here or longer in time, in a majority or a minority opinion position. Matters to do with roads, boundaries, hedges, traffic, planning issues and the AONB crop up consistently and regularly.

We should not be judged by the numbers at meetings, as much goes on in the background. Our Editor John Dockett says "If you want something done, give it to a busy person". How true!

Our New Treasurer Peter Cannon has worked wonders with our finances. Andrew Capey is in charge of our website and improving it gradually. The Hughenden News – is the Journal of the Village for the Village.

There are several projects to support:

- Support for the renewal of the Play area.
- Betterment of the sports facilities.
- Helping the Surgery to fund a Doppler Scan unit.
- Finding further ways to work with the Street Association conducive to all of us.

The relatively new clubs and groups include:

- Flower arranging.
- Valley Players.
- Whitfield Road Allotmenters.

The Vicar, Keith Johnson, holds a coffee and chat surgery on Monday afternoons

Welcome to Ann Smart, the Street Association Ward Leader. She like the Vicar goes to the Coffee Shop, but on Wednesdays from 2pm until 3pm. You are welcome to meet her there.

Peter Gieler, our Parish Councillor goes there on Thursday afternoons for a Parish exchange of ideas session.

We have some fantastic support from all the Officers of the HVRA. Everything is voluntary and every time the Hughenden News for Hughenden Valley, Cryers Hill and Bryants Bottom is delivered, please read through it as there are clubs and associations which like everyone to know what they say and do.

Finally, remember that Village day will be on Saturday July 14th.

At present it is snowing hard and it is very icy everywhere outside, so between clearing it away may we wish you a warmer Happy Easter.

Angus and Janet Idle HVRA Co-Chairs ~ 01494 563673



Hughenden Parish Council **Spring Report**

Belated Happy New Year to everyone. It does seem like it has been a very long winter and I know everyone is looking forward to longer days and hopefully better weather. The winter months have brought about some challenging weather conditions meaning the Council had to deal with several fallen trees, due to the weight of the snow, and high winds. Thankfully no injuries occurred only the usual inconveniences that these conditions bring.

With Spring just around the corner, the start of the Allotment season is fast approaching. There are several vacant plots on the Hughenden Valley site and just one at North Dean. To help new tenants get off to a better start, the Parish Council is investing considerably in a much needed “clean-up” of all



vacant plots. This will make it much easier for new tenants to get started on working their plots. The Council is also upgrading the water supplies at each allotment site meaning all taps will comply with health and safety standards. If you would like to become part of the ever increasing “grow your own” population, then please get in touch with either Jill (Deputy Clerk) or myself in the office and we will be more than happy to help you. There are so many benefits to being an allotment holder not least that you get to enjoy the great outdoors and you also enjoy your own home grown fresh produce. The annual cost for half a plot is £23 and a whole plot is £35.

The Council have been busy over the winter months in Cockshoot Woods. In January, The Chiltern Rangers with the help of volunteers cleared holly & laurel overgrowth as well as moving some saplings and dead trees to



let more light into the wood to stimulate healthy growth. Cockshoot Woods is a beautiful little wood situated on the outskirts of Widmer End. The Council also owns and maintains three ponds in the Parish, Cockpit Hole in Great Kingshill, Vincent’s Pond in Naphill & Walters Ash Pond. Work is about to begin on the Winter maintenance of these

ponds- cutting back overgrown shrubbery and clearance of debris in the ponds to ensure they are in good condition for the rest of the year.

The Council is responsible for the delivery of many services and as such it needs to finance these through what is called the “Precept”. This is added to your Council Tax bill each year and although it represents the Council’s main form of income, it is also supplemented by rental income from Allotments & fees for burials at the Garden of Rest. Despite increasing costs the Council has worked hard to minimise this increase by keeping it below the current rate of inflation. At the annual Precept meeting in November, Council decided that the precept would be increased by 2% for the year putting the cost per household up to £52.99 per year, still significantly less than the average for Buckinghamshire.

One of the main areas of expenditure for the Council is “devolved services”. The services include the cutting of grass verges in urban areas, maintenance of hedges on Bucks County Council land and prevention of verge encroachment onto footpaths. These services were devolved from Bucks County Council in 2016 and whilst we are very much learning as we go, grass cutting has been the main area of focus and expenditure for the Council. This year we have cut the verges six times but next year we will be increasing that to eight times to help maintain the appearance of the Parish that is so important to everyone. We will also focus more on the hedge-cutting element of these services.

Road Safety is a high priority with all residents and this year the Parish Council has, with the help of a donation from Cllr Steve Broadbent, purchased a new MVAS unit to help monitor traffic speeds around the Parish. Of course, these MVAS units do not operate themselves so a huge thank you must go out to all the volunteers who go out in all weathers to ensure they are working and to download the data from each unit. A special thank you also to John Marchant from Widmer End who has been the driving force behind the ongoing success of the scheme over the past few years.

The Council is committed to continually improving the services it provides throughout each of its communities. As well as supporting the Hughenden Valley Village Hall & the Residents Association, the Council also supports the North Dean Village Hall, North Dean Magazine, Bryants Bottom Community Trust, & Hughenden Valley Football Club all through Annual Grants. Significant work has been done on Warrantdene Road. Not only

did the Council work with SSE to cut back overgrown hedges, it has also taken on responsibility for the wide grass verge there, meaning it now falls in line with our verge cutting programme. Wooden posts were installed opposite the Harrow Pub to protect the green area from damage due to car parking, whilst strimming back of hedges on Coombe Lane below Wedgewood Drive has helped improve pedestrian access. Most recently a new gate has been installed at the Hughenden Valley Allotment Site to improve safety to both drivers and pedestrians.

I have been in the role of Clerk now for over a year and I can say that I have very much enjoyed the diverse nature of the job and of course meeting new people and understanding their concerns. Assisted by Jill, we aim to ensure the ongoing delivery of all services and the ongoing improvement of services too. Please do feel free to contact us if you have any questions at all, we are always happy to help.

The Annual Parish Meeting will be held this year on Wednesday April 25th at 8.00pm in the Naphill & Walters Ash School. This is an opportunity for the public to hear reports from the Chairman and also from organisations that the Council has given funding to in the course of the last year. It is also a great opportunity for you to meet your local Councillors, ask questions and hear what the Parish Council has been up to throughout the year. We look forward to seeing you there.

Finally, would you like to be involved in decisions that affect your local community? By becoming a Local Councillor you can do just that. There is currently a vacancy in the Hughenden Valley Ward so, if you want to find out more about how you can become a Councillor, what it involves and how you can make a difference not just to Hughenden Valley but to the whole of the Parish, then please contact me or one of your Local Councillors to find out more. Your Hughenden Valley Councillors are: Cllr Peter Gieler, Cllr Simon Kearey & Cllr Hilda Stearn.

[You can reach them via their contact details on the council website: www.hughendenpc.org.uk](http://www.hughendenpc.org.uk)

Shona Hadwen: The Clerk, On behalf of Hughenden Parish Council

Hughenden Street Association **Celebrates its 1-Year Anniversary!**

Hughenden Street Association launched in February last year with a grant from the Police and Crime Commissioner and now has 89 Street Members covering 59 streets in Hughenden Parish.

Members serve as the eyes and ears on their street working together to keep their neighbours safe and well. They receive information from professionals about scams, and isolated individuals, along with a toolkit to direct their neighbours to specialist support if needed.

The scheme is also working with local groups and businesses to combat loneliness. Hughenden Valley Village Store was supported to initiate Welcome Wednesdays at 2pm each week. The meet up group encourages residents to get to know their neighbours and enjoy company over a cuppa. Louise Jones, Manager of the Village Store said, “I recognised my neighbours and local residents were on their own a lot of the time and realised the coffee shop could be a great space for them to meet socially. We’d love more residents to join us and encourage anyone who’d like a bit of company to come along.”

If you have any questions or would like to start a conversation with your neighbours and help build an even stronger community where neighbours look out for each other, get in touch with:

HughendenStreetAssociation@gmail.com or call 07392 683500 for an information pack and join a growing group of residents who care.



These messages are from Wycombe District Neighbourhood Watch Association.

Are you a good neighbour? Would you like to help protect your neighbourhood from cons, scams, burglaries and dodgy traders? Wycombe District Neighbourhood Watch Association is the largest Neighbourhood Watch Association in the Thames Valley Police area with more schemes than anywhere else. We are looking for volunteer Publicity Officers to publicise the work we do via newsletters, articles, meetings and social media. Perhaps this could develop into a Communications Team. If you have a few hours a month to devote to getting our message across to all our friends and neighbours, please contact us via our website at: <https://neighbourhoodwatchwycombe.org>

Fraud (cons and Scams)

Last year fraud and cyber offences made up half of all UK crimes (and that is the ones reported!). There were £3.6million fraud and £2million computer crimes up to September last year, resulting in individuals being scammed for £6.8billion. There are many examples and new cons appear daily. Ones include HMRC Office Gateway fakes seeking your bank details and Debenhams fake on-line shopping receipts allowing damaging software to be downloaded if you click on it. Suspect anything that offers you something for nothing, anything that seems wrong and only click on links you are totally confident with. If in doubt phone the company for confirmation.

ⁿ
Please be aware that we are receiving an increasing number of reports of phone calls purporting to be from the Telephone Preference Service (TPS). They generally ask if the subscriber is still receiving unwanted calls and, inevitably, this is usually the case because the TPS can only reduce the frequency of these calls.

Sooner or later, in these calls, the caller will talk about payment to help provide a more comprehensive service.

ⁿ
Do not be drawn in by this and do not make any such payment. It is probably just a ruse to get your bank card details. If you get the caller's number (sometimes it is given), feel free to report it to the TPS. They do not charge for their services.

Geoff Pegg (NHWN, Multi Scheme Administrator, High Wycombe, Hazlemere, Marlow, and Rymead, part of Wycombe LPA)

Hughenden Street Association

It has been drawn to our attention that Hughenden Parish seems to have an unduly large number of cold callers at the door who seek to do business on two main themes. I do not frequent Facebook but I have been made aware that over the last number of months the "Nottingham Knockers" and "Property Maintenance" along with van men have been making their presence known in increasing numbers and they are not here to offer you, the reader, a pleasant experience. Their intent is to part you and your money to their advantage, and the older you are, or the more vulnerable, the better from their point of view. They cold call and some of them can be persistent and not very pleasant individuals.

Nottingham Knockers: Generally, these are young men selling cleaning materials and small household goods from a bag they carry door to door. They have sympathy stories, such as the goods are made by charities or that they have been in prison and they are doing this doorstep selling as a rehabilitation programme. There is no such programme. The goods tend to be of inferior quality but with superior prices. They could be checking out your house for a subsequent burglary or they could step inside your house to steal something while you go to get some money. Do not buy from them.

Property Maintenance: This heading could include roofing, guttering, cladding, drive resurfacing, tree lopping etc. They tend to charge excessive prices, but for inferior work or do work that isn't really needed at all. They always want paying in cash so that they cannot be traced afterwards and they never provide any estimates, invoices etc" They may ask for a deposit and then not turn up to do the work. Really considerable sums of money can be involved. Do not do business with them.

Our key point is that, if you encounter anyone at the door in either of these two categories, feel absolutely confident to report their presence to the police on 101, even if nothing has gone wrong. The police will want to check them out and to encourage them to leave the area. If, when such people come to Hughenden Valley they always encounter the police, they will go elsewhere

There are many good local, taxed and insured, tradesmen in this area, many who advertise here in Hughenden News. Some may even be our neighbours. Why not use them and keep your money in this area where it will benefit the locality? I would like to point out that as well as Thames Valley Police's non emergency 101 number there are other sources of information on scams etc. <http://tvnhwa.org.uk> has many useful and informative links on understanding the different types of frauds and scams. If you do call 101 and your information is accepted ask the call taker for the URN. This is the reference number for your call.

Another is www.neighbourhoodwatchwycombe.org. This is the local one and their representative is always very knowledgeable, helpful and willing to speak to groups on the subject.

If you wish to see what criminality has taken place in our neighbourhood look into www.police.co.uk and then click on 'crime maps'. It will ask for your post code and then you will see the information displayed.

Hughenden Street Association has been set up with the backing of Thames Valley Police, Wycombe District Council, Buckinghamshire County Council and Hughenden Parish Council. This new organisation was set up so that residents can look out for their vulnerable neighbours without being intrusive. Their telephone number is 07392 683 500 or via e-mail on hughendenstreetassociation@gmail.com.

Sign up to the Thames Valley Police Alert Scheme. This circulates information on many items of from frauds to missing persons.

With the continuing cut backs on funding into the public services there are less police and police employees and greater demands on the time of those remaining. We can help ourselves, and the public services, by refusing to engage or interact with cold callers offering scam services. Once they realise that they are wasting their time and that the police are being informed then the word will spread that they are wasting their time and money on an unfriendly area for criminality.

Jerry Morley ~ jerry.morley@which.net

Demystifying planning....a little

Permitted development and infilling explained

The sheer cost and disruption of selling and buying means that home owners are increasingly looking towards making improvements to their homes rather than moving. Building a small extension, adding a conservatory or converting a garage are commonplace alternatives. It is at the ideas stage that external advice should be sought if you are to avoid pitfalls and minimise the stress that building work brings! More often than not you will require planning permission even if you are simply updating your porch without increasing its size. At first glance this might seem onerous however there are sound reasons for this not least of which is the need to manage the visual impact of any home improvements. Living in an Area of Outstanding Natural Beauty nestling in the Green Belt we all have a responsibility to retain the character of our Green Belt Settlement and developments as a result are restricted. This is one reason why, for example the National Trust cannot simply chop down trees – permission is required so that the overall impact is assessed before chopping! This is more commonly known as Article 4.

Visit www.planningportal.co.uk for further information.

Permitted development

This is not to say that development is not allowed because that is not the case however what is permitted is defined. *Permitted Development* is broken down into 8 categories:

Class A

covers the enlargement, improvement or alterations to a house such as rear or side extensions as well as general alterations such as new windows and doors. From 30 May 2013 to 30 May 2019 a neighbour consultation scheme for larger rear extensions under Class A is required.



Class B covers additions or alterations to roofs which enlarge the house such as loft conversions involving dormer windows.

Class C covers other alterations to roofs such as re-roofing or the installation of roof lights/windows.



Class D covers the erection of a porch outside an external door.

Class E covers the provision of buildings and other development within the curtilage of the house.

Class F covers the provision of hard surfaces within the curtilage of the house such as driveways.

Class G covers the installation, alteration, or replacement of a chimney, flue or soil and vent pipe.

Class H covers the installation, alteration, or replacement of microwave antenna such as satellite dishes.



In addition there are rules relating to the erection or construction of gates, fences and walls, exterior painting, charging points for electric vehicles and CCTVs as well as the installation of solar panels.

A guide for householders can be found at : www.gov.uk/government/publications . Type in ‘permitted development rights for householders’ to access the technical guide. Your architect can also explain in layman’s terms what this all means – it can seem confusing at times!

The Parish Council is a statutory consultee for planning applications and its committee meets every 3 weeks. Minutes of the Planning Committee are published on the Parish Council website (www.hughendenpc.org.uk/council-meetings/planning/). This statutory role is an important one as the parish council is closest to the community and seeks to maintain the semi-rural nature of the area. Residents are also encouraged to post comments on the Wycombe District Council Planning Portal as these are considered carefully by both the Parish and District Councils. The criteria for decision taking are based purely on planning grounds. Personal opinions carry no weight even though at times an application stirs emotions – usually against granting planning permission. The planning pages of Wycombe District Council (www.wycombe.gov.uk) provide lots of useful information.

Infilling

Whilst the Green Belt is heavily protected there are some exceptions when new buildings may be considered. For example, someone decides to build a house in the grounds of their house. This would be considered to be ‘infilling’ and the application will still be considered on its merits i.e. mindful that current planning rules are enforced.

A final word on planning

Three words actually that are fast becoming the bane of a planning committee councillor: ***retrospective planning application***. This is when the applicant has not sought planning permission at the outset. This can be risky and costly. Imagine having to pull down an extension. Ignorance is no excuse and architects will know exactly when planning permission is needed. When in doubt: contact the Planning Department at Wycombe District Council.

Planning rules are set at a national level and interpreted by local planning officers. The Parish Council as a statutory consultee will always listen to the views of local residents and seek to protect the semi-rural environment of Hughenden Valley. Feeling passionate about a proposed development simply is not enough. Your reasons must be backed by sound

planning considerations. The Parish Council planning committee welcomes a conversation with local residents so that we can protect as far as possible this Green Belt Settlement for future generations. The dates of meetings are published on the Parish Council website: www.hughendenparishcouncil.org.uk

Wycombe District Council is currently finalising its Local Plan for the district. It would be fair to say that it may not please everyone however as the pressure for housing continues it is important to meet the challenge head on. A growing number of parish councils are developing Neighbourhood Plans to influence the shape of future developments and Hughenden will be considering such a plan in 2018. Take a look at a recently approved Neighbourhood Plan:

www.bledlow-cum-saundertonparishcouncil.org.uk which helped to successfully challenge a proposed major housing development on the old Molins site.

Cllr Hilda Stearn ~ 01494 565206

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Dopplex Ability Scanner

For the majority of readers the local Hughenden Surgery is a place we find ourselves when we need the assistance of a doctor nurse or pharmacist.



Usually we go in and wait for our appointment, sometimes a little anxious and sometimes a little bored. It is then that you may wish to take your mind off whatever it is you came in for and pass the time by absent-mindedly looking at the various boards with whatever is on them becoming a focus of interest. Occasionally, a particular item will raise more than a casual interest.

That is how I noticed the poster with "Patient Equipment Raffle" as its header. Curious, I read it in full. It stated that sixth form students at the Royal Grammar School were attempting to raise money by various means in order to get a piece of medical equipment for the surgery. The medical device is known as a "Dopplex Ability" and does a doppler scan of the patient. It is, with hindsight, a vital piece of diagnostic medical equipment which I, and I presume, most other patients would assume is standard equipment for a GP's surgery. Believe it or not it is not.

The poster explained that presently scans are done in hospital but some patients have had to wait months for an appointment if referred by their GP. Scans can be done at GP surgeries but each scan takes up five (5) nurse appointments and needs two (2) nurses. This will obviously reduce the availability of nurse appointments with the consequent knock on effects of extra pressure on an already very busy surgery and possibly preventable, unwanted delays in treatment for patients.

The "Dopplex Ability" scanner changes all that. It can be done by one nurse in a fraction of the time; the benefits to the surgery and the patients need no explanation from me. However the cost for such a device is £2,00.00. Why hasn't the NHS or the CGG for this area provided such an item which is obviously cost effective in any scenario?

Well, Dr A Gallagher, a doctor at the surgery, explained that if the CCG provided one for Hughenden Surgery they would have to provide one for every surgery and we are all aware of the financial troubles in the NHS so there was no possibility of getting one from them. He stated they had also approached the District Council but with austerity decimating their budgets, they were also unable to assist. So his son, who is, on occasion, a volunteer at the pharmacy, as well as student at the RG put together the poster.

As someone who had an elderly, ill close relative living with them, I have a personal stake in this. The hindsight of being able to look into the past and know that if such a scanner had been available at the surgery many years of pain and discomfort might have been alleviated, is disconcerting at best. This is not an extremely large, very expensive item which any surgery would be hard pressed to accommodate in its budget and with training implication costs for the staff that use it. It is small and looks rather simple to operate. I doubt it is, but I do not believe that you have to be a physicist to operate it. I Googled it and found, amongst others, a company: www.huntleigh-diagnostics.com, which had a very comprehensive, plain English with graphics explanation.

The "Dopplex Ability" scanner is a medical device which is suitable for all age groups and is, in my opinion, a vital diagnostic tool. I would hope that the readers of this magazine and the patients at the Hughenden Surgery would agree and that it would be beneficial to us all, medical staff included, to have such a device at our local surgery. Donations and fund raising would all help to make this a reality rather than a wish.

Jerry Morley ~ jerry.morley@which.net

Hello,

Can you help Harrison - RGS Sixth Form raise £2,700 to help fund a Community Doppler Machine, so patients with leg pain can be assessed quickly without having to wait for a hospital appointment.?. Please donate to their JustGiving Crowdfunding Page:

<https://www.justgiving.com/crowdfunding/hughendenvally>

Rt Hon David Lidington opens three new Classrooms at Hughenden Primary School



David Lidington, Member of Parliament, Secretary of State for Justice and Lord Chancellor (when this article was written. He is, now, number two to the Prime Minister and frequently seen on television) was delighted to visit Hughenden Primary School to officially open the new three classrooms and ancillary areas on Friday 17th November accompanied by our Governor and County Councillor, David Carroll.

The Mayor of High Wycombe, Cllr Brian Pearce also attended as well as representatives from Bucks County Council, who were involved with the school from the very beginning of the project. Mike Appleyard, the Cabinet member for Education and Skills was also present along with Maria Edmonds the Education Manager who represented Sarah Callaghan the Director of Education.

An awesome cake was baked by a pupil's grandmother. This made the celebration really special. The children had written and then spoke about their feelings on the life of the school during the build as well as what it was like to be in the new classrooms and enjoying the extra space they have to learn in.

Linda O'Malley, Senior Leader ~ Hughenden Valley Primary School

Save The Albatross Stamp Appeal

Since Christmas, I have been collecting used postage stamps. I read about the RSPB's stamp appeal to help save the albatross and I wanted to help out. The albatross is the largest seabird in the world. There are over 22 different species and 17 of them are endangered.

The RSPB is collecting used postage stamps to raise money to help albatrosses. The stamps will be sold to raise money to help rescue these birds. There are lots of reasons why the albatross needs help. One is that they get caught on fishing lines. The other is that they are eating plastic that is in the oceans. The money will go towards paying for new special fishing nets, hooks and teaching fishermen to use them. If you want more information look on www.rspb.org.uk/join-and-donate/other-ways-to-help/save-your-stamps/

I now have nearly 18,000 stamps but I would like to collect a lot more. Each stamp only raises a small amount so we need to collect as many as possible. Remember, the more stamps the more birds we save.

You can help by bringing in your used postage stamps to the office of Hughenden Primary School. There is a collection box there. It is very easy to do and doesn't cost you any money. Or you can take your stamps to any RSPB visitor centre.

Thanks for saving your stamps to help save this amazing bird.

Alissa, Hughenden Primary School

At the Heart of the Community



Hughenden Primary has always felt it is close to the heart of the community and now with support from local residents, we are making sure that we are taking care of the community's hearts as well.

As some of you may know, Elaine Smith, an ex-students grandma, has worked hard to raise money for a brand new defibrillator at the Hughenden Village Hall. This means that the one that was already there has been located to outside the entrance to Hughenden Primary school.

The defibrillator is a helpful device when it comes to heart attacks, it can help people survive. Although, you should never use it if someone does not need it desperately. If you do come across anyone having a heart attack, get someone to perform CPR while you get the defibrillator. Make sure the person who is helping you knows how to perform CPR correctly. To activate a defibrillator call the number on the box and the code will be instantly sent to you to open it. You must take it out of 'the case' then you should get the defibrillator electrode and place it on their right side of their neckline and just above their left hip (the machine will show you want to do).

If a child is having a heart attack do the exact same thing as what you would do with an adult, apart from the CPR, for CPR you must use two fingers on each hand instead of two whole hands.

You must continue doing CPR until they show signs of:

- coughing;
- opening their eyes; and
- speaking or moving purposefully.

We are very grateful for this piece of life-saving equipment and we hope although it is now at the heart of our school, we never have to use it.

By Lauren Bragg and Georgina Collins, Year 6

Well done girls. I couldn't have said it better.

However, please note that should the occasion arise when you may need to use the defibrillator, you dial 999, as it is an emergency, give the postcode and as our defibrillator is registered with the emergency services they will give you the code for entry and use of it.

Our staff have had training on the use of the defibrillator, and if there is a need in the community we are more than happy to put on a training session here at school. This is a skill any of us may need at any time and being able to confidently use this life saving equipment could make a significant difference to the outcome.

Linda O'Malley, Senior Leader ~ Hughenden Valley Primary School

The Empty Tomb

On Saturday evening 19 June 1815, a few kilometres South of Brussels in Belgium, the battle of Waterloo was over. The British had won. Wellington needed to send news of his victory to London. Not having the advantage of modern technology, unlike ourselves, Wellington couldn't have a one-to-one with George III on his mobile, or post a victorious message on the internet, via his lap-top – instead his men set up a series of line-of-sight communication stations and a coded message was sent. But, only the first part of the message reached London. Half way through sending the message, the fog set in, and the signalers could not see each other. All the English received was the terrible news: “Wellington defeated...”

Imagine if you will how the closest friends and family of Jesus Christ felt after witnessing his brutal death on a cross, on a hillside outside the city of Jerusalem. Devastated, lost, numb. Understandable feelings for those who mourn the loss of a loved one. But Jesus had claimed to be different, and he had left such an impression upon those he met that they truly believed with all their hearts that he was the one who had come to save them.

In the time between Good Friday and Easter Sunday, friends and family of Jesus probably gathered together in hushed groups in private, to comfort one another. They would probably have been too afraid to be seen in public – was this really the end of the story?

On the Sunday morning, first a few and then many met with the risen Christ, and their mourning turned into dancing – hope restored, faith reinvigorated – men and women who would follow Christ for the rest of their lives, and in many cases would become martyrs of the early Christian church. All because they not only believed in what Jesus Christ said, but they witnessed how he backed up his words with actions.

Back to the story I began with... later the fog lifted and the whole message could get through, “Wellington defeated Napoleon at Waterloo!”

Christians believe that the horror and the apparent failure of Christ's crucifixion turned into the hope of resurrection, and you and I can also share in that risen life, if we put our faith in him. God does not ask us to be perfect, just as well, or I wouldn't be doing the job I do! God invites you and I to share in a personal relationship with him, through his Son Jesus Christ – why not ask him to come into your heart and life and experience that risen life too!

Christ is risen! He is risen indeed – Hallelujah!

Rev Keith Johnson ~ keiththevicar@gmail.com

Village Hall Committee - Annual General Meeting

It was standing room only on a bleak evening in mid-January when almost 50 villagers packed in to the Village Hall for the Annual General Meeting of the Hall Committee. The proceedings gave an opportunity to the Hall Committee to update those present on the main highlights during the previous 12 months.

The committee chair, Michael Sole, welcomed everyone to the meeting before detailing the high level of usage of both halls by numerous clubs and organisations from within the village, and some from further afield. The committee continues to invest in the halls and during 2017 installed a new speaker system and some specialist acoustic panels that have greatly enhanced the sound quality for those using the large hall and stage for

presentations and meetings. The old internal doors in both halls have been replaced with new wood doors that have given the interiors a more modern look. Finally, we were advised of the installation of a comprehensive external CCTV system to provide all users of the halls, playground and car parking areas with greater security. Overall, around £25,000 of investment was made to the halls over the year.

Michael went on to explain the background to the issue of equipment in the children's playground. Due to the increasing cost of repairs and renewals of the equipment, Hughenden Parish Council had recently passed the responsibility to the Village Hall for raising the necessary funds. A new sub-committee has subsequently been formed for this specific purpose, and it was hoped that sufficient funds for new equipment could be raised during the coming year. We were reminded the hall was run by volunteers from the village for the benefit of the community and thanks were given to specific individuals for their continued contribution and effort.

The committee treasurer, Bob Hawkins, then presented the financial review and assured those present that the hall was in good fettle with funds from hire income and specific fund-raising events keeping the bank balance looking healthy.

Voting then took place for the “public” members of the committee and once that was concluded, we were treated to a fascinating presentation given by David Bailey from the National Trust at Hughenden. He outlined the extent of the Hughenden and West Wycombe estates and the considerable work involved in maintaining both the land and buildings. Visitor numbers were steadily increasing, and plans were being devised to further improve the visitor experience in the future.

The meeting concluded with an opportunity to chat and socialise over refreshments and nibbles.

Michael Sole ~ chairman@hughendenvillagehall.co.uk



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Hughenden Valley Village Hall

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E: info@hughendenvillagehall.co.uk

The Perfect Choice for your event whatever the reason.

Set in AONB Hughenden Village Hall has two halls both with fully equipped kitchens. The large hall can accommodate 100 sitting and has an elevated stage and the small hall benefits from an outside patio area.



There is plenty of off-road parking and the extensive grounds incorporate a playing field for hire for sporting events, weddings and recreation; a conservation area, children's playground AND the grounds benefit from an adjacent village shop and coffee shop overlooking the play area.

So if you have a party, meeting, class, club wedding, special celebration, or show call now on **07815 163269** to find out more.





News from your Village Store and Coffee Shop

Your new shop is already 1 Year old!

The 4th March saw the first anniversary of our reopening in its new home and the wonderful opening ceremony led by Mary Berry. The last year has been amazing, to see the community coming together with visitors to the Cabin increasing all the time. It has been wonderful to see so many people using it as a hub to meet up with friends and family, informal get-togethers, business meetings, breakfast, lunch, and just a little time out.

The food and drink side has been in big demand and we have responded to the demand by increasing our food and drink offerings. In January we launched our new **Bacon, Sausage and Omelette Baps** which have been a big hit with customers whether eaten in or taken away. Following on from the success of this and in celebration of our First Birthday we have launched our new menu of hot and cold food which will be served all day.

The new eat-in menu offers a range of food suitable for breakfast and lunch ranging from Toast, Toasted Teacakes, Bacon Baps to delicious LOCAL AND HANDMADE soft-centred Scotch Eggs served with side salad, a range of **Gluten Free** individual Quiches and Salad - (Goats Cheese and Caramelised Onion and Boursin and Red Pepper being very popular - and also available to buy to take home), delicious Mushrooms in Garlic Sauce on Toast as well as Jacket Potatoes with a range of fillings including Cheese and Bacon and Chilli Con Carne.

Our full menu is available all day Monday to Sunday so why not come along for breakfast or lunch – anytime of the day?!

As well as the Gluten and Dairy Free quiches which are available to eat in or to take home, we also have a new range of Gluten and Dairy Free cake slices which are local and home-made by 'Rosie's Munch Basket' of Wooburn Green. The Victoria Sponge and Lemon Drizzle are absolutely delicious!

The Scotch Eggs and Pork Pies served in the Cabin are also available to buy in the shop and are made by two local chefs – Richard and Jonathan of Wise Pies. They are also supplying us with a range of delicious handmade family size and individual pies which are packed with filling.

Don't forget *Welcome Wednesdays!*



You may remember that, back in October in conjunction with Buckinghamshire Prevention Matters and the Street Association, the shop launched its weekly 'Welcome Wednesdays' which takes place from 2-3pm. The shop hosts this informal social event and everyone (of all ages) is welcome to come along to have a chat and meet other people.

If you know anyone who may be lonely, perhaps new to the area, housebound or recently bereaved please ask them if they would like to come along to join in. Street reps and other volunteers are happy to provide lifts and support to anyone who would like to come along.

Anne Smart is the Street Association Ward Lead and is happy to help if you have any queries or if you know someone who may need assistance or transport to and from the shop.

Anne can be contacted on: 07970 037419.

Traditional Afternoon Tea - also every Wednesday from 2.30pm

From the 14th of March, also on the menu every Wednesday afternoon, will be Full Traditional Afternoon Tea. This will include a selection of sandwiches, scones and sweet treats which will be for anyone who wishes to come along.

And also for Village Day 2018.....

Daring to look forward a little further to the Summer and Village Day on Saturday 14th July, the shop will be hosting a traditional great British 'Afternoon Tea' tent with a selection of sandwiches suitable for children and grown-ups along with scones and clotted cream, sweet treats and all things associated with a traditional afternoon tea party.



Please don't forget that we offer free home deliveries to anyone unable to come to the shop. If you know anyone who may benefit from this service please let them know.

Our new website is being developed and will be up and running soon. In the meantime if you are a Facebook user you can visit us at 'Hughenden Village Store and Coffee Shop'.

If you would like to contact us, please email shopmanager@valleyshop.org or call 01494 568653.

Louise Jones ~ Shop Manager



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Betsy, you were a real star and made what, for me, would have been a difficult task a really pleasant one due to your kind understanding and patience and of course, your lovely sense of humour! Thanks again Betsy."

Mrs T

"May I say what a pleasure it was working with you. You are a considerate professional, not to mention a lot of fun! Thank you for your unending patience."

Mrs K

for a free no obligation chat
or email betsy@betsywilliams.co.uk

For more information and referrals - www.betsywilliams.co.uk

The Community All-Weather Sports Facility

What is it? Who needs it? What is the progress?

What is it?

The answer's in the name. An all-weather sports facility for the village to enjoy. In other words a Floodlit Astro pitch the size of two tennis courts with a ball retaining fence around it and collapsible floodlights, all in a muted green colour thus blending in and conserving the beautiful AONB countryside. As an outdoor recreational sports facility it is in accordance with Wycombe District Council's AONB Policy. The plan is to site it at the Wycombe end of the Football Pitch, in an area that is currently liable to be very boggy in wet weather. The facility will be available for Tennis, Football, and many other outdoor sports only restricted by frost, ice or snow. The new floodlights, replacing the 40+ year old ones, will be on telescopic pylons so when not in use can be retracted to minimise visual impact. In addition a Games Wall is envisaged to hone ball skills.

Who needs it?

People of all ages can use the facility, throughout the year, and throughout the day and evening. Multiple Sports can be enjoyed. In addition to Tennis and Football - Basketball, Netball, Bowls, Hockey, Volleyball, Cricket Nets and many more can be accommodated. The idea of an all-weather facility was born a couple of years ago when the only public tennis courts available in Hughenden Valley, at Magnolia Park, were re-structured as car parks and the Bowls Club ceased to operate. The Wycombe end of the King George V Playing Field (KGVPF), that accommodates Hughenden Valley Football Club's home pitch, is mostly unusable for football as it's too small for a full size pitch and liable to flooding during the Winter. So a proposal was tabled to convert the end of the Playing Field to an all-weather pitch for the benefit of all sports participants.

What is the progress?

In the Summer of 2015 a group of like minded residents, representing several sports, met to discuss the merits of an all-weather pitch. It quickly became apparent to the group (self named Hughenden Valley Sports Initiative) that there was a requirement for public tennis courts in the Valley as well as other sports that could benefit from a suitable all-weather

facility. Neil Bellamy, Chairman of Hughenden Valley Football Club, saw the benefit to his club as training was often curtailed by bad weather. They already used the Wycombe end of the KGVPF for training when weather permitted as there were floodlights there that had been used for years. A comprehensive Business Plan was submitted to a Public Meeting in the Village Hall in October 2016. This returned a large majority of supporters with the opportunity to raise concerns in the Q&A session. Some voted against the scheme claiming that it would spoil the tranquillity and beauty of the area.

Now the position is that we have a costed, viable scheme that needs Planning Permission. The Trustees of the Village Hall, who have the Valley's interest at heart, have given their blessing. We need to apply for Planning Permission and, if successful, get on with building this very worthwhile addition to Hughenden Valley's facilities. Full details can be viewed at our website <http://www.kgvhughenden.co.uk/>.

John Dockett ~ Member of Hughenden Valley Sports Initiative
john.dockett@hotmail.co.uk



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SUPPORT

“In the service rendered to youth through providing for them an environment and opportunity for open air exercise, for the benefit of individual well-being and the general welfare of the nation.”

KING GEORGE V.

As part of his legacy, King George V had requested a scheme that would benefit the whole country and forever be associated with his name.

In 1950, the King George V playing field in Hughenden Valley was formed, one of only five such fields in the whole of Bucks to be honoured with the King's name.

Since then, other than football and cricket, very little has been achieved to honour the King's wishes especially for the young and in particular for girls.

WE NEED U

King George V community sports facility

Hughenden Valley

We are a group of local people hoping to make a real difference to the area we proudly reside in. Hughenden Parish residents called for 'extra play equipment and focus on youth' in a recent survey. We have spent many hours looking at different options to achieve this by seeking sporting, planning and business advice.

The result was the concept of an all weather sports facility. This would benefit the whole community for present and future generations, bringing people together.

By supporting the establishment of an all weather sports facility, we can cater for a wide variety of sports all year round, for everyone - the young, the old, male, female & less able bodied.

We are currently applying for planning permission for this appropriate sporting facility in the Chilterns AONB but now need help from you by simply registering your endorsement for this exciting community sporting facility.

Please visit www.kgvhughenden.co.uk to register your support as soon as possible otherwise the project may not go ahead.

Thank you in advance.
Hughenden Valley Sports Initiative.



SOME OF OUR SUPPORTERS:

- FIELDS IN TRUST
(dedicated to protect King George V playing fields)
- HUGHENDEN PRIMARY SCHOOL
- HUGHENDEN VALLEY PRE-SCHOOL
- HUGHENDEN VALLEY FOOTBALL CLUB
- COMMITTEE MEMBERS OF THE HUGHENDEN VALLEY RESIDENTS ASSOCIATION
- PATIENTS PARTICIPATION GROUP FROM HUGHENDEN VALLEY SURGERY
- HUGHENDEN VALLEY LADIES RUNNING CLUB
- OLD HUGHENDENIANS
- GREAT KINGSHILL CHURCH OF ENGLAND COMBINED SCHOOL
- WYCOMBE WANDERERS SPORTS AND EDUCATION TRUST
- ACTIVE-IN
(who run The Wycombe District Council Sports Development Service),

Go to www.kgvhughenden.co.uk to register your support

WE NEED U

**HUGHENDEN VALLEY
VILLAGE CARNIVAL DAY
SATURDAY 14th JULY 2018**



**PUT THE DATE ON YOUR CALENDAR
AND
KEEP IT FREE!**

carnival@hughendenvillagehall.co.uk



HUGHENDEN VALLEY VILLAGE DAY PHOTOGRAPHIC COMPETITION 2018

Age ranges:- Under 8 years old
8 to 12 years old
13 to 18 years old.

Theme:- 'Our Village Hughenden Valley, Cryers Hill & Bryants Bottom'.

This could include football, birds, trees, flowers, views, family, buildings (with permission), pets outside, events, fun, weather etc.

Straight photos or photos modified by computer (must be stated).
Print size:- A5, A6 (6" x 5")

Black & white or colour prints; in portrait or landscape format.
The best images might go in, or on the cover, of Hughenden News, in a calendar or for Hughenden Valley postcards. We are wishing hard for that.

Please write on the back of prints:-

Name and address

Age

Title

Date when taken (preferably this year)

Entry deadline:- Saturday 7th July 2018 by 5pm.

Deliver to Janet Idle 10 Whitfield Road, Hughenden Valley, HP14 4NZ.

The prints will be mounted for display, so may not be returnable.

Note: The photographer of **any children under 18 years old** must get the child's parents' permission.

Photo Judges:- To be announced later

Last time there were some very good photographs. Thank you to all who entered and good ideas this time.

Butterfly House appeals for Residents to Volunteer

Have you not quite lived up to that New Year's resolution you made way back at the start of January? And are you feeling guilty about failing to carry out the good deeds you promised yourself you would do in 2018? If so, The South Bucks Community Hospice has an easy answer to help both you as well as people with life-limiting conditions.

The hospice is reaching out to residents of Hughenden and the surrounding areas asking them to volunteer - either at its new headquarters at Butterfly House in High Wycombe or at its shops in Bourne End and Hazlemere. The hospice supports patients, their families and carers from Hughenden. Butterfly House also enjoys the services of many volunteers from the area as well.

The campaign to recruit new volunteers is being spearheaded by Mimi Harker OBE, former Mayor of Amersham and immediate past Chairman of Chiltern District Council. Mimi, who is a patron of the hospice, said: "If you have never volunteered before or are looking for another role, and would like to see what it is all about, what a great place to start. Not only are you surrounded by an amazing team of staff to support you, but there are so many roles you could volunteer for - from running reception, to helping in one of the shops, tending the garden, working in the kitchen, driving patients back and forth or getting involved in one-off events."



But people with only limited time on their hands need not worry. “If you only have a couple of hours to spare, that’s fine,” said Mimi. “Those hours will be incredibly valuable if, for instance, they are spent greeting people as they come through the door at what can be an incredibly stressful time. “No special skills are needed – just enthusiasm, commitment and perhaps a love of chatting and spending time with others, although there are plenty of behind-the-scenes roles too. We welcome applications from a wide range of people.”

Mimi is the hospice’s volunteering ambassador and to show her commitment, she volunteered in both the Bourne End and Hazlemere shops at the end of January.

She added: “There is such a wide variety of work to do there, and it’s so fulfilling to know you are making a difference to others. My heart literally lifts when I work with an organisation such as Butterfly House, especially when I can see the impact my work is having and how many people are benefiting from my tiny contribution.

“This could be you. So, if you have any time at all, just give us a go. If the first role you try isn’t what you expect it to be, you can try out so many different others.”

To find out more, email volunteers@sbhospice.org.uk or call 01494 552761



Photos from earlier
Village Days

Banana Boat Rock

He don't look like a Gorilla
or a Guerilla



That's the long and the short of it

Not an EU flag in sight





Look Maurice!

Oh, the waft of
the BBQ



Hot music for a hot day.

Photos: Angus Idle

Andy Graham



There have been a number of Hughenden Residents who have died in the past few years from a brain tumour, the latest being my husband, Andy Graham who died on 31st December 2017 aged 52.

Brain Tumour Research receives very little funding in fact:

- Every two hours, someone is diagnosed with a brain tumour in England.
- In the UK, 16,000 people each year are diagnosed with a brain tumour.
- Less than 20% of brain tumour patients survive beyond five years of their diagnosis, whereas 86% of breast cancer and 51% of leukaemia patients survive beyond five years.
- Brain tumours are the chief cause of cancer deaths in children and young people.
- Brain tumours continue to kill more children and adults under the age of 40 than any other cancer. Brain tumours deaths are rising, representing 2.6% of all deaths from cancer. They kill more children than leukaemia, more men under 45 than prostate cancer and more women under 35 than breast cancer.

- Incidences of and deaths from brain tumours are increasing.
- In 2015, £8,759 was spent on leukaemia research for each death, compared with only £1,858 for brain tumours. Brain tumour research represents just 1.37% of national spend on cancer.

A number of us, including Andy's work colleagues at John Lewis High Wycombe, have decided to try and support Brain Tumour Research by running a number of fundraising events. One Hughenden resident has been busy washing cars for a voluntary contribution for the month of February, another has been selling items on E-bay with all proceeds going to Brain Tumour Research and a John Lewis employee is taking part in some ultra marathons all in aid of Brain Tumour Research. We are planning on running the following events so please make a note in your diary:

- A Quiz Night at the Village Hall on Saturday 21st April 2018 – which will include a hot meal and dessert plus a bar will be available – please text or call Gill on 07887 691381 or email: gill.andygraham@gmail.com for further details.
- A Snooker Tournament on Sunday 10th June 2018 from 6pm – to be held at Thame Snooker Hall. Everyone is welcome. For further details please contact Mark Hastings on mark.andygraham@gmail.com.
- We are running two stalls at Hughenden Village Day – one a bookstall the other a craft stall for children to make an item. If you have any books that you would like to donate please text or call Gill on: 07887 691381 or email: gill.andygraham@gmail.com.
- A Golf Tournament to be held at Winter Hill Golf Club on Sunday 26th August 2018. Everyone is more than welcome. For further details please contact Mark Hastings on mark.andygraham@gmail.com.

Please support us where you can
Gill Graham – 07887 691381

Volunteering as a Trustee

With fewer people volunteering local charities are beginning to feel the impact. Working with a diverse range of Third Sector organisations including charities here is my advice for potential trustees:

1. The role

There must be clarity about the role and what will be expected of you. This is not simply about skills and knowledge (important though they are!) but also about sharing the strategic direction of the charity and its delivery plans. It is the trustees remember who set



the strategic direction of the charity, monitor progress and are ultimately accountable while the Management Team creates an agreed plan and delivers.

2. Responsibilities

Regardless of the size of the charity the Charity Commission has several useful guides that I always advise people to read before applying. Here is an extract:

Ensure your charity is carrying out its purposes for the public benefit
You and your co-trustees must make sure that everything your charity does helps (or is intended to help) to achieve the purposes for which it is set up, and no other purpose. This means you should:

- ensure you understand the charity's purposes as set out in its governing document
- plan what your charity will do, and what you want it to achieve
- be able to explain how all of the charity's activities are intended to further or support its purposes
- understand how the charity benefits the public by carrying out its purposes

Spending charity funds on the wrong purposes is a very serious matter; in some cases trustees may have to reimburse the charity personally.

Source: Essential Trustee Guide, Charity Commission

3. How the charity is run



The Board of Trustees has a key role of scrutiny and must be quite separate from the Management Committee that is responsible for the planning and day-to-day activities of the charity. Obviously there needs to be effective communication between the Board and the Management Committee. It is quite common for the

Management Committee Chairman and Treasurer to be *Ex Officio* members of the Board acting as advisers but without voting rights. The Charity Commission provides clear guidance on this subject including this advice

Planning and reviewing your charity's work You and your co-trustees are responsible for deciding and planning how your charity will carry out its purposes.

- Involving the charity's staff, volunteers and others with an interest in the charity in the planning process can be helpful.
- You and your co-trustees should periodically review what the charity is achieving, and how effective the charity's activities are. Thinking about the difference your charity makes may help you to explain more clearly how it benefits the public. It may also help you to decide whether it could be more effective in carrying out its purpose by changing what it does.

Source: Essential Trustee Guide, Charity Commission

4. Deciding which charity

Community Impact Bucks (www.communityimpactbucks.org.uk) is worth considering. Trawling through Facebook or charity websites is time-consuming and unlikely to yield the result you are looking for. Of course, you can ask around in your social circle which is a useful way of improving the chances of joining like-minded people.

5. Recruitment

The process of recruitment should be clear and objective. Ideally candidates should have the opportunity to present to the voting members at the AGM. This will allow you to showcase your passion and reasons for wanting to get involved. It also allows the members who will be entrusting you with looking after their charity to get to know you. Some very small charities leave the election process to the Board of Trustees however I have only come across one charity that allows the Management Committee to decide which goes against the advice of the Charity Commission.

Finally,

6. Set a time limit

Best practice – again courtesy of the Charity Commission – strongly suggests doing this. It also encourages a continuous search for trustees and reinforces the need for a positive image of the charity within the community and beyond. Why would you join a board that has had broadly the same membership for years? In this situation the



likelihood of making a positive impact is significantly reduced. Small charities become stale when the same people have been in control for too long. Trustees **should** be in control as they are accountable. Be strong about setting a time limit for yourself if there isn't one!

Becoming a trustee can be a hugely rewarding experience providing a great way to contribute to your local community. Choose a charity that really fires your passion and where you feel that you can and will make a difference. You will be amazed at how many great charities there are in your local area waiting to hear from you!

Hilda Stearn ~ 01494 565206

No You Can !



Have you ever said, “ I can’t do that...I’m not as young as I used to be. Perhaps I am too old to try... .” Perhaps you are just not bothered to seek out new challenges as you are content with your life. Well good for you if that is the case.

I teach karate to children, teenagers, men and women who are strong and fit; men and women who are not strong and are unfit; students with learning difficulties; students who are blind and have other problems functioning normally. But I don’t teach many seniors, especially the over 60- age group. Why is this? I see many seniors taking Tai Chi lessons which is a great exercise and works the body, breathing and mind in many beneficial ways. I don’t however have many, if any, over 60s coming to one of our karate classes and yet at our HQ in New York over 20% of students training there are over 60 years of age and some are even in to their 80s. One of my friends and a senior instructor trains daily. He has had two hip replacements and is in his upper 70s. He trains vigorously and meets the demands of all the classes he attends in *his own way*.

Some of you might have read the book, *Age is just a number* by Charles Eugster. If you haven’t read it then I encourage you to do so. At the age of 87 he took up bodybuilding and has a passionate belief that growing

older does not mean that you have to slow down. At the age of 95 he started sprinting for the first time in his life. He refuses to lie down and let himself deteriorate. There is ample evidence that your genes influence your bone health but this is also affected by your lifestyle and you can strengthen your body in so many different ways. Medical research shows that the elderly can suffer from vitamin D deficiency which will affect bone density and so a balanced vitamin regime is essential for good health.

Research also shows that the main difference between a healthy 20 year old and 80 year old in body composition is, in the main, that the 80 year old has lost 50% of muscle mass to fat.

It is clear that by removing fat and rebuilding muscle that the body can be modified substantially.

I am approaching my 70s. I can't do many of the things that I used to be able to do. I do, however, believe that the older I get, the harder I have to work. Our bodies are made to work not lie about. At every level of fitness or incapacity we can find a way to continue to develop ourselves. For example, 5/6 days a week I start the day by doing yoga exercises to loosen up the body; push ups and sit ups to strengthen the body core; weights to build body mass and over 400 kicks to keep in condition for my own discipline. All before breakfast. I also teach during the day and enjoy tennis as a relaxation. Regular running keeps my system in shape.

I have had many injuries over the years and various problems but keeping fit and healthy has helped me to work as vigorously as in previous years and stabilise and in some case improve joint problems. Stretching is so important and the various yoga styles can help you maintain a fit body. Simple exercises such as push ups and strengthening the abdominal muscles are really effective and you can tailor these exercise to suit your condition.

The mind and the body are a union. You can't train one without the other. There are so many disciplines that can interest you and motivate you. Of course you need to consult your doctor if you have a condition that needs monitoring before embarking on any programme but don't discount starting karate with us at one of our clubs in Great Kingshill , Lacey Green

and Tylers Green. You will be very welcome. I also teach privately in my own studio at my home.

I am thinking of starting a karate class during the day for the over 60s if there is enough interest so please send me an e-mail expressing an interest if you think karate might suit you and I will assess the interest locally. Have a look at our Bucks website: www.seidobucks.com for details of our clubs, instructors and programme but do read the book if you can. It is inspiring.

Roger Thyer-Jones

WSKO Branch Chief & Chief Examiner UK

British Combat Association Senior Instructor

Knife and Edged Weapons Programme Senior Instructor

e-mail to: rthyerjones@gmail.com

Hughenden Valley Drainage Improvement Group **(HVDIG)**

You can read about the Hughenden Valley Drainage Improvement Group (HVDIG) activities on the HVDIG Blog page of our website:

<http://www.hvdig.org/page2.htm>

Membership of the Group is open to residents in the Hughenden Valley area and to those in organisations with an interest in or responsibilities for the Hughenden Valley area. If you are interested in joining the group, please contact Sarah Mustapha (secretary@hvdig.org).

David White, Chairman, HVDIG

Valley Friends

At our monthly meetings we have a Fund Raising Book and Bric a Brac stall, the proceeds of which go to the South Bucks Hospice, now called the Butterfly House. Added to this are the proceeds of our Monthly Raffle organised by Susan who is appealing to members to donate anything that is suitable for the Raffle, and we have some very good gifts for prizes each month. We hope that more people come so that the good work can continue.

Our annual membership fee pays for the hiring of the Village Hall and for the speaker's fees plus tea/coffee and biscuits. Guests are welcome to join us and pay £3.00 for the evening. Barbara organised an excellent programme of speakers and activities for 2017, this year's programme looks equally inviting. The titles of the three most recent talks were:

- December 2017 - "Dickens and Christmas" with Colin Oakes who even acted some parts and stories.
- February 2018 - "The Rudolph Hess Cover Up" a truly intriguing war story told by Tony Easton, who said that even after seventy years the government has not released the secret Press Files.
- March 2018 - "A Passion for Pearls" with speaker Frances Benton.
- January is the meeting we have games, e.g. Beetle or Quizzes, so that if the weather is bad a speaker does not have to travel. It is a fun evening with much exchanging of Christmas and New Year news.

Our next three meetings are:

- April 6th "Not in Front of the Children" - talk by Jane Dunsterville
- May 4th " Walking Forward, Looking Back - a District Nurse's Life Journey " - a talk by Dinah Latham.
- June 8th "An Indian Cultural Show" by Nina Patel's' great niece,
- and We are serving tea/coffee and cake in the small Village Hall on 14th July -Village Day

The meetings are held in the Large Hall, Hughenden Valley at 8:00pm. All are welcome.

Joan Steel ~ 01494 562648

Hughenden Valley Football Club

Since the turn of the year, the very wet weather has taken its toll on the pitches and training areas at Hughenden. Most of us can't remember the last time we played a match and it really demonstrates how necessary an all weather pitch is for the Club.

We are delighted that our new partnership with Pipers Corner School is going well. They have allowed the Club to rent their fantastic all weather facility for four nights a week so we can continue to train during this bad weather. Whilst expensive it is proving to be an invaluable facility at the moment & is encouraging more participation by local girls.

A big thank you to all the Club sponsors who help to fund warm training tops at this time of year. See our website (www.hvfc.co.uk) for a full list but in the picture you can see a very smart looking U15's team in their brand new tops. Thank you to Honorary Vice President – Kelly Fountain & Fountain Builders of Hughenden Valley for supporting us again this year.

The Club continues to invest in the Community following the completion of the £12,000 Sports Pavilion at Hughenden School last year. Our continued fundraising efforts have enabled us to buy brand new metal goals for Lacey Green & Great Kingshill Schools plus Magnolia Sports Club (who kindly contributed 50%). This all adds up to another big investment of over £7,500 for our local children to use at their schools & local play areas for many years to come.

These examples demonstrate how important it is for local community charities like the Football Club, The Village Shop, Village Hall and many other organisations listed in this magazine to receive the support of the village. We work in partnership with non-profits (like the schools) and local businesses to make life better for people in the village – year on year. We all need your backing because unfortunately, we cannot rely on taxpayer funded support from the Parish or District Council who continue to walk away from local commitments - the abandonment of local play areas being the latest example.

In this vein - please, please support the Hughenden Sports initiative in their efforts to provide a new £150,000 all weather sports facility and play wall for the Village. It will truly be of benefit to the young, old & less able-bodied members of our community for many years to come (without a penny of taxpayers money). See the flyer within this magazine of how to register your support. Thank you.

Dates for your diary :

* HVFC Golf day at Flackwell Health GC : Sat 24th March

* AGM/Funday : Sunday 10th June.

Neil Bellamy, Chairman ~ Hughenden Valley Football Club
neilbellamy@icloud.com

Hughenden Valley Friday Night Footy Club

This year the Friday Night Footy club celebrates it's 15th year of five-a-side football. Established by Clive Webb & Mark Wilkins at Prestwood astro turf pitch and now Woodrow House – it remains a wonderful way to keep fit for the young and not so young of the village.

The Club plays every Friday night from 8-9pm at Woodrow House astro-turf pitch between September & May. Everyone is welcome to just turn up and play - the cost is £5 per adult & £2.50 for students. The game usually attracts over 20 people every week for a fun and (mainly) non contact game of footy!

Why have we not heard of them before?

The main reason is because the village doesn't have its own all-weather playing surface – so all the members of the team have to get in cars and travel 5.5 miles to Amersham. The Club would be one of the very first to switch to the proposed sports facility in the village. James Parmenter, one of the youngest players at 14, said,”it would be great to have our own all-weather pitch. I could walk to the pitch with my Dad & it would probably be cheaper too.” Clive Webb (age undisclosed) agrees...”a Hughenden Valley facility would enable us to walk to the pitch on a Friday night. After a long week at work, it's great not to have to use a car but also re-direct all the money back into our community”

Friday Night Footy Facts:

- 51 years : the age difference between the youngest (14) & oldest (65) player at Friday night footy.
- £20,000 : the amount of cash paid over 15 years to hire facilities that could have been paid instead to a Hughenden Valley facility & then re-invested. A new playground?
- 20.61 tons: the estimated amount of carbon dioxide emitted into the (metric) environment by having to travel to facilities outside of the village.

Neil Bellamy, Chairman ~ neilbellamy@icloud.com

WYSPAS - Wycombe Society For The Performing Arts

Wyspas are returning to Hughenden Village Hall for our fourth year! For those of you who supported us for the last three years watching 'The Vicar of Dibley', 'Allo 'Allo and 'A Christmas Dibley' Thank you!

This year we will be performing the musical, 'A Funny Thing Happened on the Way to the Forum'. Written by Burt Shevelove & Larry Gilbert the music and lyrics are by Stephen Sondheim. It can be described as 'an hilarious romp'! When the slave Pseudolus in ancient Rome continually gets into trouble, he attempts to win his freedom from a very domineering mistress! For those of you young enough to remember Frankie Howard on TV in 'Up Pompeii', this was based on 'A Funny Thing' and is just as funny and just as naughty!



Dates: Thursday evening 31st May, 7.45pm,

Friday evening 1st June, 7.45pm,

Saturday afternoon 2nd June at 2.30pm and

Saturday evening 2nd June at 7.45pm

Lynn McMinn ~ lynnmcminn@hotmail.com

Hughenden Art Group Report February 2018

Before I cheerfully sweep the Christmas period of coughs colds and flu under the carpet and hail the coming of spring; I must highlight our wonderful Christmas party. A new group of organisers this year, and “didn’t they do well”. An evening of laughter, quizzes and a five star buffet supper (this supplied by ‘bring a plate’ by all who attended). I reported in the October issue what was arranged up till Christmas, so won’t bore you again! A couple of evenings went awry, caused by inclement weather and the above mentioned bugs!

Then we had our A.G.M after the Christmas break. This was an evening of sadness and joyful celebrations. Jill Graves, the founder and Chairman of our lovely group decided it was time to hand over the reins and retire from the committee (I think she has been doing this job for nearly thirty years). She has served, and encouraged us all in the most wonderful way. This post was going to be very hard to fill. I will add here that Sandra Thomas has nobly taken on the task, and has already proved she is going to follow very ably in Jill’s footsteps! So onto the next thirty years Sandra.



That was the sad bit of the evening, but the committee had laid super plans for this occasion! Rather than let Jill quietly retire, they decided to make her the HAG President! She had no idea this was happening and was in total shock when she spotted her invited family at the back of the hall. Jill was presented with a beautiful bouquet of flowers and a delightful little crystal clock that had been thoughtfully inscribed with her new title and her dates of service. Judging by the tears and laughter brought on by her surprised reaction to the events it was a good evening for Jill. Her presentation ended with a rousing chorus of 'for she's a jolly good fellow' sung lustily from the floor.

The bones of the summer programme is in place, with some new tutors and some much loved old faces!

Here's to sunshine and birdsong over the Easter period.

Margaret Hunter, 07484 652079

High Wycombe & District Philatelic Society

We started the New Year with our usual selection of Stamp Markets, Members' evenings and auction, and we have also held the popular Stamp Quiz and had a visit from Jim McKerrow who gave us an entertaining display of Exhibition labels, covering many of the countryside stamp events. Later on we have a visit from Carl Barnes of Rickmansworth P/S on 19th April who will give his display of Cape of Good Hope Triangular stamps, probably one of the highlights of the end of season programme. On 31st May we welcome back Giles du Bourlay who has given us a number of displays involving Gdansk (previously known as Danzig) on the Baltic coast. This time it will be all about Polish Gdansk, which will no doubt bring in a lot of history concerning that troublesome part of Europe.

From time to time we have been able to direct members and non-members to various places to sell their collections. We have had some success, but unfortunately in present times it is very much a buyer's market, as a result of less support of our hobby. GB First Day covers of the period 1965-2005 sometimes fetch only 10-20p per cover, but there is growing evidence that modern

covers which can these days set you back £6 a time not surprisingly attract less interest, and may become more valuable as time moves on. We shall see.

We always welcome new members who are interested in furthering their collections. We meet on alternate Thursdays at St. James's Church Hall, Plomer Hill, Downley, starting at 7.30 pm. and full details of our programme can be found at www.hwphilatelicociety.co.uk

Ken Richardson, Secretary ~ 01494-563155

Valley Players, Hughenden



Sheelagh Jones, Holly Arnold, Heather Dempsey, Mandi Gowers

It's behind you!! Is it?! Well, in reference to our latest panto – Oh, yes it is! I'm really proud of all the members of Valley Players cast and backstage crew who were pushed, pulled, berated & cajoled in various measures (it's the Director's job!!) but bore it all with good grace & humour & produced a performance that professionals would have been pleased with. We measure our success by our audiences' comments and most were wowed by Cinderella's transformation dress. Yes, Cinderella really did go from rags to riches on stage in full view of the audience, thanks to her Fairy Godmother! How did we do it? Magic, of course, & with a lot of help from our friends!

Prince Charming, Cinderella, Dandini, Magical Fairies & the Town Crier were also on hand to help switch on the Christmas Lights. We'd like to thank all those involved for giving us the opportunity to share in this special time.



We are now concentrating on our next production in May. It portrays the story of women who managed to break into a male dominated occupation at a time when the country most needed it. Without giving too much away it could be summed up by the words “Grandma Flew Spitfires”. As someone once said “If it wasn't true, you wouldn't believe it.” Intrigued? Come & see us May 10th, 11th & 12th.

In the meantime we will shortly have to divert our attention to our AGM which will give us the opportunity to reflect on the last year & decide on the direction we will take in the coming year. Who

knows – I could be voted out as Chairman. All together now, Ahhh!!

Sheelagh Jones, Chairman ~ sheelagh.jones@maritzcx.com

Karen Norton



Hello everyone, my name is Karen Norton & I am the new landlady of the Harrow Pub & Restaurant. I took over the reins from Fiona & Sean in early December last year after having worked at the pub for some seven years. Since taking over I have completely redecorated the whole of the public areas of the pub & restaurant. I have tried to brighten & freshen the place up whilst still keeping the character of a village pub. The log burner in the public bar is in daily use making the bar feel warm and inviting also I am awaiting a new log burner for the restaurant side too. We are also extremely family & baby friendly now having had a baby changing table installed in the disabled toilet in the restaurant side & also having four new foldaway highchairs which we are happy to reserve for you when you make a booking. Last week we had a first birthday party for our “pub mascot baby” Archie Hunter (the smiliest baby you could ever meet) whose parents Tom & Claire are regulars & we all had a wonderful afternoon celebrating with them & we are of course still VERY dog friendly too and I’m hoping to arrange a locals “dog show” in the summer, just for fun.

We will be making a few changes to the Menu in the next couple of weeks including fillet steak with all the usual trimmings & hanging kebabs in a choice of Cajun chicken, Satay chicken or Halloumi which are already proving to be a popular addition. We now have a “weekly special” too & look out for our “Theme nights” which we are trying to do each month....we’ve already had a Mexican night, a Retro night & upcoming events include a Prosecco Bingo night (10th March) a live music evening featuring Hannah Aldridge, an American singer (Sunday 1st April – doors open @ 7pm) and a Ladies Prosecco Afternoon Tea Party in aid of Cancer Research on Saturday 14th April (tickets available from the pub or village shop)

We still have our experienced & friendly team of staff together with our two excellent Chef’s so that side of things haven’t changed. We still offer good quality, home cooked food at competitive prices and we now have a choice of four real ales.

We look forward to seeing you soon.

Karen Norton, Landlady of the Harrow ~ 01494 564105



Please join us in The Harrow, Hughenden Valley for a Ladies Afternoon Tea Party in aid of Cancer Research

**Saturday 14th April
2.30pm til 5.30pm**

Tickets are available to purchase at The Harrow or Hughenden Village Coffee Shop
Cost is £25 per ticket which includes a glass of prosecco and entry into the raffle

Karen and her friendly team welcome you to

The Harrow



Your local family and dog friendly pub, serving delicious food, real ales
and a great selection of wines.

Dogs, muddy boots, hikers and bikers welcome.

Food served 7 days a week.

All day Saturday from 12 till 9pm and Sunday till 6pm.

Baby changing and full disabled facilities.

Functions catered for with private hire if required.



Warrendene Road, Hughenden Valley, HP14 4LX

01494 564105

www.harrowhughenden.co.uk

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Find us on Instagram [@theharrowpub](#)

Hugh 'n' Den's Pages

Welcome to Janet Howe who has joined the Residents Association Committee as a new Road Rep who will represent part of Bryants Bottom.

Residents of Naphill and Walter's Ash are objecting to the Plan to build 60 or so houses on the field in Clappins Lane, which as Green Belt land serves as a demarcation between the two villages. It is a grass field which would be useful for grazing sheep because it is fenced and therefore free from dogs and has gated farm access to Clappins Lane. The grass sward would be improved by grazing. There is, though, a more serious reason why that field should not be developed for housing. The load capability of the foul water/sewage system which goes through Hughenden Valley is already at full stretch and could not accommodate the extra housing. No one wants more of that here!

The owners of the many plots on the "Property Spy" fields which were sold in 2002-04 have apparently formed themselves as Hughenden Valley Landowner Association. At the time of the sales they were misled about their use of the land, but they were warned that an Article 4 had been imposed on it. The HVRA can only sympathize but will liaise where possible.

Orchard Farm, adjacent to Orchard Close, which was 'Fleet's Farm' and before that Dean's Fruit Farm, has been purchased and the barn will be renovated and the land will be used once again as a fruit farm. The purchaser is well known locally.

The Senior Citizens' Treat this year will be on Saturday, June 16th. All the invitations to it will be sent out early in May. We think that Hugh and Den are now old enough to be invited to attend, don't you think?

We really recommend that you read the articles in this magazine on Crowdfunding and all about The Street Association working with or as well as the HVRA. Watch this space.

The King George V Playing Field may yet get a new lease of life despite the water-logging it suffers from. The football teams (the older ones) have to go up to Pipers Corner School and train on their all-weather pitches. But don't forget – keep our playing field free from dog-fouling; that was the other reason they like to train at Pipers Corner – it is clean (dog-free) but expensive but they can only go there on dark winter evenings. They are grateful to the School

Road Traffic is still a problem. Buses and other large vehicles often get stuck when trying to climb Coombe Lane. The Police have had to close the road several times lately because of that. The HVRA has liaised with TfB departments

Traffic noise is often a great nuisance; it seems to echo and reverberate through the Village much more. As for speeding – say no more! The potholes in Bryants Bottom Lane are a perennial problem, as Bucks County Council does not have enough money to upkeep the roads, even though, in Bryants Bottom's case their road is a recommended cycle route.

Please read and inwardly digest the article on Crowdfunding for the Doppler Scan unit. It took fifth-formers to promote it in the first place. Well done to them. Let's all complete it for them and all the patients who should benefit from it.

Could dog owners/walkers in the Hughenden Valley area please refrain from allowing their dogs to foul people's lawns. Although they may be open plan, they are private property and dog mess still leaves a residue even if picked up.

Lastly, please support our Village Shop. The volunteers who run it work long and hard to make it a success and are always cheerful (and their cakes get better and better all the time!).

As Hugh 'n' Den' we've have had our say. We wish you all a Happy Easter.

Spotlight on –

Around Pipers Corner and down Boss Lane.

Many people before us have trodden the pathways and passed the houses here, few as they are. The buildings at Pipers Corner (before the present school, which incidentally has a long history of its own) go back to at least the year 1660, when a few years later rates were paid to the Parish Church annually – two shillings and four pence paid in by Richard Terry for the Wingfield family who owned it all then. The Crown representative was Lord Dormer who held court at the Spread Eagle in London.

The Terry family of Pipers Green lived and died there, as yeomen farmers, until 1752. By 1770 Grainger Ive, a Fleet Street Ironmonger, appears on the scene. His son John Staples Ive later owned the Pipers Corner and Pipers Green buildings and land, by copyhold, even though he lived at neither, preferring to live at Widmer End. He let out his Pipers main buildings and cottages to a long run of good farming families who employed men and boys to help both there and at Springfields at the end of the lane.

In between whiles the military did some of their training and mapping work up there. At some stage between 1774 and 1810 someone spent a lot of money on the two main farm homesteads. It could have been Grainger Ive or a mystery man for about ten years, namely The Hon. Charles Compton Cavendish. If so why did he need to be there?

The field names at Pipers Corner include: Armour field (which now belongs to Hatches Farm), Brandsfield and Orchard field, and Pear Tree Close – self-evident names in all cases. On the left hand side before the present school gates is a field going back to Saxon times called Pipers and Goggamans, muddy stretches and something to do with God. (The school has now purchased this field to avoid housing development there). Calves Platt further in was possibly used to produce velum for scrolls and Government Pipe Rolls.

The Wingfield family, who were drapers at Amersham, were the longest real owners in this area owning much Buckinghamshire land but there were seventy years of arguments in Chancery, with one Timothy Wingfield ending up in Newgate Prison....; being a very young man his rents were collected but not passed on to him, not even used to alleviate his insolvency. He only wanted Pipers, none of the other farms in Buckinghamshire. It was sold to pay for the other relatives' claims in nearby villages. He was very unlucky. You can almost feel his despair.

Roll on the time to 1898 when Pipers Corner went up for sale at The Mart Tokenhouse Yard in London. The whole of it and Springfields House were sold for £6,390 and it was bought by a wealthy Austro-Russian banker, Hermann

Landau who employed a reputed architect to transform all of it to a gentrified country residence, but that is another full story, as later the Dixon family arrive in the snow in 1926 to rent it all from him and his son-in-law. They moved down from the north with a full contingent of staff and utilised the living spaces for their family. Their business was to do with Izal toilet paper. They and one of the Landau families did a lot for the local Red Cross.

To cut a long story (with much interesting detail and Victorian genre) short, the Pipers Corner School, came from and with, The Old Vicarage School, Richmond, Surrey (and before that Ellerker College in London).

Space precludes including much about Boss Lane, but here is a little. Boss Lane can be traced back to the 13th century and was on the main lane route from Naphill (Napple) to Missenden. When the Redding family farmers rented Pipers Corner farm they had a fourteen year-old servant called Emily Hatt. Her family, which included eight other siblings, lived in Boss Lane with two agricultural workers boarding with them. Her grandfather was Charles Hatt, also in Boss Lane and his wife Hannah, who was a lace maker and their other son who was a chair maker, two very common trades in the Cryers Hill area and in fact all around here. When you walk down Boss Lane remember to think of Emily Hatt and her family.

Also in Boss Lane area there was Boss Lane House. Woods surrounded the whole area, with much of them being privately owned. There is so much detail to recount and all the above is just a small fraction of it. The fact is that history repeats itself and will again; investors, organisers, employment and the beautiful countryside left for all of us to protect and enjoy.

J Idle, own research.



This is a tile dating from about 1660 at Pipers Corner School from the fireplace in the oldest room in the building. There are similar tiles at Bradenham Manor

Ask Peter

Question

Looking through the title deeds to our house I see that the land was acquired for £80 in 1928. I believe the plot which is just under a quarter of an acre is now worth £425,000. What rate of return does that represent?

Answer

Although over the past ninety years there would have been years with little or no growth that still equates to an average compound return of 10% gross. Had that £80 been left languishing on deposit earning 1% after tax at the bank the £80 would have grown to just £196. This serves to illustrate that with any long term investment such as pensions and ISAs it is vital to get a good compound growth rate. You would be fortunate to average 10% every year but you should aim to get at least 5 to 6% pa.

Question

We are going to treat ourselves to a new car but don't wish to raid our **savings to buy it outright. Should we use Hire or Lease Purchase?**

Answer

Whilst Hire and Lease Purchase rates have come down considerably in recent years there are often administration charges to be factored in. Have a look at a personal loan as an alternative. I think you will find it is significantly cheaper. Personal loans can be arranged on line with very little fuss.

For example a £10,000 loan at 2.8% repayable over 48 months would cost you £221.31 per month. That is £623 in interest spread over the 4 years

Question

My spouse has dementia. Are we entitled to a reduction in our council tax?

Answer

It is quite possible that your spouse will not be counted for council tax purposes and you will be eligible for the 25% discount that single householders receive. If you are in Band F you will have paid £2266 in council tax in the current year and so a 25% reduction would be worth £566 and that will increase each year as the council tax increases. That would be a useful contribution towards some of the additional costs you may be facing as a result of your circumstances.

Reductions in council tax are also available if someone in your home is disabled and either uses a wheelchair or has the total use of a bedroom or reception room because of their disability. Furthermore the Council has a discretionary power to reduce or remit the amount of council tax payable. If you wish to apply for a discretionary reduction you should apply in writing setting out your reasons why you think your council tax should be reduced.

If you wish to ask a question then contact
Peter Cannon email: kingsleighcs@outlook.com

Note from the Treasurer

Currently the HVRA's finances are in good shape and I anticipate when I present the accounts for the year ended 5th April 2018 at the AGM on 18th May that I can recommend that the subscriptions remain unchanged for another year at £5 per household. That does assume that advertisers in this newsletter continue to pay promptly and subscriptions are collected by the Road Reps. Whilst cash continues "to do nicely" electronic payment is preferred by an increasing number of residents. I have recommended that the due date for subs shall be the 1st July 2018. If you already pay by bank transfer can I please ask you to arrange for payment on 1st July. If you would like to pay by this method can you please set up payment as a standing order due on 1 July.

The name of the account is "HVRA"
Bank Sort Code 40-09-29
Account Number 31248081

Please ensure you identify your name house name or number and road initials as your reference
I shall liaise with Road Reps shortly after the first of July providing details of who has paid in this way to save confusion and wasted effort.

Many thanks *Peter Cannon, Treasurer* kingsleighcs@outlook.com

HAGA's Allotment and Gardens Plot

Hello Plotters,

Well here we are – already a good six weeks into the new year as I am writing this. I don't know about you but it seems a lot longer: this winter seems to be unremittingly drab.

My wife informed me the other day that this time last year we were making sterling efforts at chopping back a rampant Russian vine which was threatening to take-over not only a neighbouring tree but seemingly (and soon) the whole of Hughenden Valley. It took us a couple of weeks on and off – getting Russian vine out of a nearby tree is a bit like unravelling wool.....you have to pull at odd strands until you find the one that moves, which you then tease out. After a fortnight you swear never to turn your back on the wretched plant for more than a few days without clipping the leaders. That was done in very pleasant weather (for January/February).

No chance this year!

I have been out so little during this alternating wet/frozen/cold&wet/windy,frozen&snowy/wet winter that my vitamin D levels are so low that I think I've got incipient rickets. You never know, but there might be a cure for vitamin D deficiency in Russian vine leaves. If there is please discover it soon – if I don't start on the vine again soon I'll be too rickety to get up the ladder before it gets into the tree again.

I did the Great British Bird Watch. It's well designed so you can do it from *inside the house*: Just sit there for an hour watching the wet, manky garden. No problem, the birds turn up every morning to the feeding station and the feeders hanging in the nearby tree. I'll drink coffee while I count all my avian friends. Hah!.. I didn't count over each of the 3 possible days anything like the number of any (individual) species that I get in a cafetiere's worth of watching on any "normal" day. Ingrates! I think I might not even send their score to the RSPB.

Anyway.. Onward and upwards. If I can keep track of electricity drop-outs and ensure the supply keeps going to my heated bench in the greenhouse I'll get some seeds going; set some begonia corms on the road to blousy

wonderfulness and see if I can get new “Spike” chilli plants going from dried seed (I have to admit to losing my 3-year-old beauty, because of sad neglect through this winter). I might claim that leaving a lot of my potted plants out this autumn/winter, though sheltered, was a considered experiment. I might also claim that I thought up the plan before the hard frosts and snow set in..... I’ll let you know the result in due course; though I suspect you’ll know full-well what the answer will be. My idleness. Not a recommended method of garden husbandry.

HAGA: Membership is right up there, as high as ever (and despite dire warnings to the contrary). We keep telling you we are the best value society in the Valley – our forthcoming programme is as good as (dare I say *better than*) ever. Come on, check us out: trips; talks; the weekend away; free tea, coffee and biscuits; local discounts plus gardening discounts with Dobies. If you’re interested in joining contact Daphne. GO ON, YOU KNOW YOU WANT TO.

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Daphne Hicks, Social Secretary ~ Tel. 562 170



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Treasurer	Peter Cannon	563228
Secretary	Rosemary Hewitt	562752
Road Rep for	Road Rep	Phone
Boss Lane	Karen Dynes	563682
Bryants Bottom south	James Perkins	488442
Bryants Bottom north	Janet Howe	488569
Burnham Road	Andrew Capey	258724
Cherry Tree Close	Clare Atkinson	564792
Church Farm	Daphne Hicks	562170
Coombe Gardens	Jerry Morley	
Coombe Lane	Angus & Janet Idle	563673
Cryers Hill north	Daphne Hicks	562170
Cryers Hill south - lower	Alison Gieler	562473
" - upper	Virginia Foster	565797
Fleet Close	Lin Smith	562533
Friars Gardens	Peter Cannon	563228
"	TBA	562423
Frogmore Close	Becky Bonnerjea	562792
Hampden Road	Carole Palmer	565154
Orchard Close	TBA	
South Maundin	Anna Burniston	565586
Stocking Lane	Al Bowyer	562862
Trees Avenue	David Mynors	562004
Trees Road	TBA	
Valley Road mid	Rosemary Hewitt	562752
Valley Road north	Carole Palmer	565154
Valley Road south	Paul Jenner	565543
Warrendene Road	Christine & Al Bowyer	562862
Wedgewood Drive	Jerry Morley	
Whitfield Road	Angus & Janet Idle	563673
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Bucks Free Press contact	Janet Idle	563673
Advertising	John Dockett	564565
Web-site	Andrew Capey	258724
Village Shop	Louise Jones	568653

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Cllr Paul Nicholls (Chairman) 01494 717381

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Hughenden Valley Ward

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Cllr Peter Gieler 01494 562473

Cllr Hilda Stearn 01494 565206

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Naphill and Walters Ash Ward

Cllr Peter Williams (Vice-Chairman) 01494 565695

Cllr Martin Burch 01494 566047

Cllr Chris Waterton 01494 715296

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Widmer End Ward

Cllr Kelly Gilmore 07931 322207

Cllr Stan Jones 07900 581703

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Cllr Audrey Jones 01494 563435

Cllr Steve Broadbent 01494 488907

Parish Clerk

Shona Hadwen 01494 715296

County Councillor

Cllr David Carroll 01494 716967

Councils

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Wycombe District Council 01494 461000

Hughenden Parish Council 01494 715296

(Emergency numbers are given on the Hughenden Parish recorded message)

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